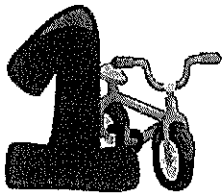


WHY ARE ATTACHMENTS IMPORTANT?

The quality of the early attachments has TWO important influences on Children as they grow and develop.



It influences how the child relates to other people



It influences how the child feels about self

Secure Attachments →

RESILIENCE

TRUST IN OTHERS

SELF-RELIANCE

INDENDANCE

COMPLIANCE

EMPATHY

LEARNING TO CONTROL & BALANCE FEELINGS

SOCIAL COMPETENCE

IMPROVED SELF ESTEEM

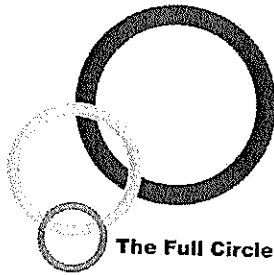
POSITIVE FEELINGS



Attachment relationships are related to security and insecurity

Responsive and sensitive parent = Secure attachment

Insensitive parent = Insecure attachment



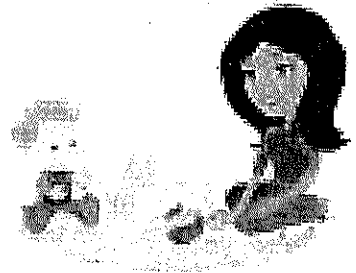
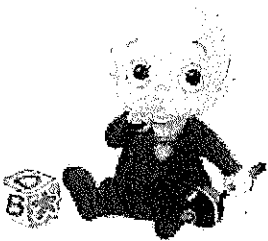
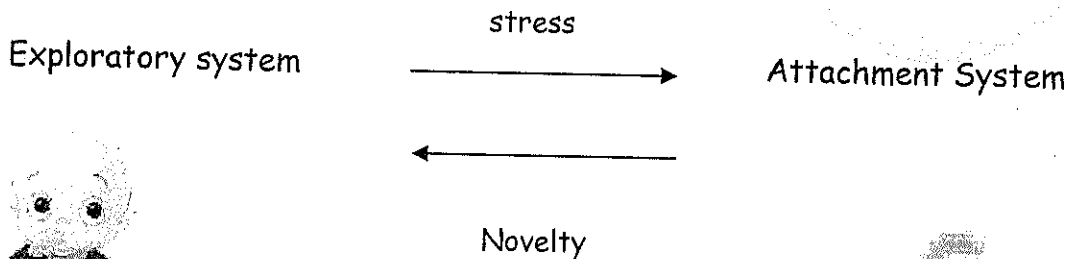
Attachment theory

Attachment bond = Special form of affectional bond between two people within which one person experiences security and comfort from the other.

An **Attachment relationship** is characterised by:

1. **Proximity seeking:** the young child will attempt to remain within the protective range of his parents. This protective range is reduced in a strange or threatening situation.
2. **Secure base effect:**
The presence of an attachment figure gives security to the child allowing the child to continue in confident exploration and play.
1. **Separation protest:**
Threat to the continuous accessibility of the attachment figure gives rise to protest and to active attempts to ward off the separation.

Attachment behaviour



The Attachment system is triggered by:

- The child... Feeling sick, tired, hungry, hurt.
- The environment... being frightening, threaten in or confusing
- The carer... separation, emotional unavailability and feeling rejected

