**Charades**

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**Guidance: -**

1. Write some of the feelings from an earlier session on paper, fold, and place in a tub.
2. Decide who is going first and pick a feeling.
3. One person acts out the feeling the other guesses.
4. Discuss the feeling and the emotion where and when you can, there could be a small prize for the winner, possibly chocolate!

**Note:** -

Observe the child acting out the feeling, show curiosity. I believe this can be fun but also difficult for children to do. Some children act in the same way regardless of the feeling they are trying to portray, it can be quite telling.

**Resources:**

* Wallpaper
* A variety of pens
* Portable printer
* **Write the important comments the child says on the wallpaper.**
* **Take photos, print them, and stick them into the child’s life story book.**
* **End with a game to reconnect**