

1

- Person to shuffle bottom to front of seat.
- Move frame in front of person
- Person to position feet on base plate.
- Carer to apply brakes, and hold onto frame providing counterbalance.
- Person to hold frame, lean forward with head raised and stand.



2

- Once person is standing, carer to release brake.
- Ensure person's balance is stable before manoeuvring frame.



3

- Person to be positioned so that back of knees touch seat / bed.
- Carer to apply brakes, and hold onto frame providing counterbalance.
- Person to sit whilst holding onto the frame.
- Once seated, carer to remove frame.

