

1

Position the sling behind person, well down their back to avoid it rising up under their arms. Fasten and tighten the sling abdominal belt.



2

Bring the hoist towards person.

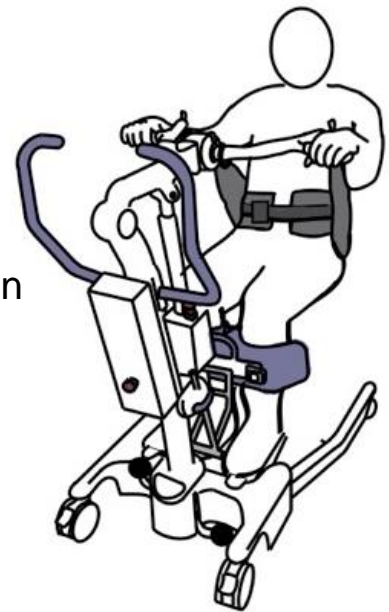
Person to position feet on the foot plate, so that shins are blocked against the knee rest.

Do not apply brakes on the hoist.

Carer to attach the loops of the sling onto hoist hooks – (refer to Moving and Handling Care Plan for recommended loops).

Ensure that the person has their **arms on the outside of the sling**.

Person to hold onto the hand grips.



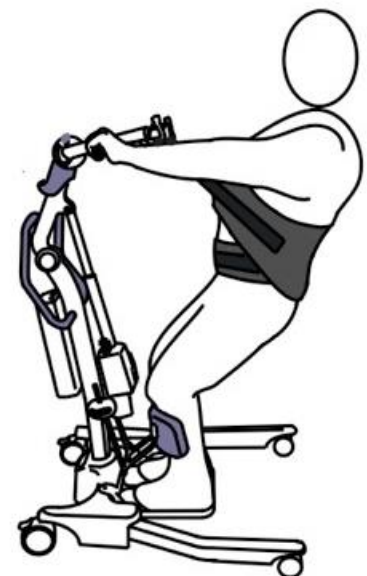
3

Activate lifting mechanism, person to lean back whilst being brought up into standing position.

Carer to manoeuvre hoist.

Person to be positioned so back of knees touch seat/bed.

Person to lean back whilst being lowered into seated position.



- N.B.**
- If hoisting on more than one occasion re-fit sling before re-hoisting.
 - Legs on hoist can be opened to enable positioning around chair.