

MOVING AND HANDLING SHEETS – INDEX

SECTION A – STANDING TRANSFERS

A1	Sit to stand	Independent
A2	Stand to sit	Independent
A3	Sit to stand	1 Carer
A4	Sit to stand	2 Carers
A5	Stand and Turn Frame	Assisted
A6	Stand and Turn Frame – with Counterbalance	Assisted
A7	Stand and Turn Frame – Full Frame	Assisted
A8	Stand and Turn Frame – Wheeled frame	Assisted
A9	Stand and Turn Frame – Wheeled frame with seat	Assisted
A10	Standing Hoist – Minilift Type	Assisted
A11	Standing Hoist – Journey 155 Type	Assisted
A12	Standing Hoist – Quick Raiser Type	Assisted
A13	Getting up from floor	Assisted
A14	Stand and Turn Frame – Wheeled frame with Belt	Assisted
A15	Bathlift Transfers	Independent

SECTION B – BED

B1	Sit to stand from bed	Assisted
B2	Legs onto bed	Assisted
B3	Legs onto bed – Handling Sling	Assisted
B4	Legs onto bed – Powered Leg lifter	Independent
B5	Lie to Sit – Bed Lever	Independent
B6	Lie to Sit – Powered Backrest	Independent
B7	Lie to Sit on edge of bed	1 Carer
B8	Rolling on bed	1 Carer
B9	Fitting Slide Sheet – Roll Technique	2 Carers
B10	Moving up the bed – Slide Sheet	2 Carers
B11	Moving across the Bed – 4-way Bed System	1 Carer
B12	Rolling – 4-way Bed System	1 Carer
B13	Moving up the bed – 4-way Bed System	1 Carer
B14	Moving across the bed – 4-way Bed System	2 Carers

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SECTION B – BED (CONTINUED)

B15	Rolling on bed – 4-way Bed System	2 Carers
B16	Moving up the bed – 4-way Bed System	2 Carers
B17	Rolling on bed – 4-way Bed System with Handle Straps	Assisted
B18	Positioning in bed – Support Wedge	Assisted
B19	Lie to Sit – with Powered backrest and support wedge	Assisted
B20	Rolling on bed	2 Carers
B21	Fitting Slide Sheet – Rolling Person	1 Carer
B22	Fitting Slide Sheet – Without Rolling Person	2 Carers
B23	Fitting Slide Sheet – Without Rolling Person	1 Carer
B24	Move up bed – Slide Sheet	1 Carer
B25	Move Across Bed – Slide Sheet	1 Carer
B26	Roll on bed – Slide Sheet	1 Carer
B27	Padded 4-Way Bed Management System – General Guidance	Assisted
B28	Move up bed – Padded 4-Way Bed Management System	1 Carer
B29	Move Across bed – Padded 4-Way Bed Management System	1 Carer
B30	Roll on bed – Padded 4-Way Bed Management System	1 Carer
B31	Legs onto bed – 4-way bed system	Assisted
B32	Moving Across the bed – Slide Sheet	2 Carers

SECTION C – SIDE TRANSFERS

C1	Side Transfer	Independent
C2	Corner Transfer	Independent
C3	Front Transfer	Independent
C4	Corner Transfer - Curved Transfer Board	Independent
C5	Side Transfer - Straight Transfer Board	Independent
C6	Side Transfer - Straight Transfer Board	Assisted
C7	Car Transfer - Straight Transfer Board	Independent
C8	Side Transfer from bed – Curved Transfer Board	Assisted

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SECTION D – HOIST TRANSFERS / SLING FITTING INSTRUCTIONS

D1	Access type sling (4 Straps)	Assisted
D2	Access type sling (6 Straps)	Assisted
D3	Managing clothes - Access type Sling	Assisted
D4	Combination type Sling	Assisted
D5	Managing clothes - Combination type sling	Assisted
D6	Quickfit type Sling (4 Straps) – Seated Position	Assisted
D7	Quickfit type Sling (4 Straps) – Lying Position	Assisted
D8	Support type Sling (6 Straps) – Seated Position	Assisted
D9	Support type Sling (6 Straps) – Lying Position	Assisted
D10	Support type Sling (6 Straps) – Closed Leg Seated)	Assisted
D11	Leave-in situ Sling – Lying Position	Assisted
D12	Support type Sling (6 Straps) – Closed Leg (Lying)	Assisted
D13	Hammock/ Blanket Sling - Lying Position	Assisted
D14	Support type Sling (6 Straps) – Uncrossed Seated Position	Assisted
D15	Support type Sling (6 Straps) – Lying position – Non Roll	Assisted
D16	Support type Sling (6 Straps) – Hoisting (Paired with D15)	Assisted
D17	Sling Extension Straps	Assisted
D18	Hoisting from the Floor	Assisted

GENERAL SHEETS

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| E | Equipment Checklist |
| F | Disclaimer |