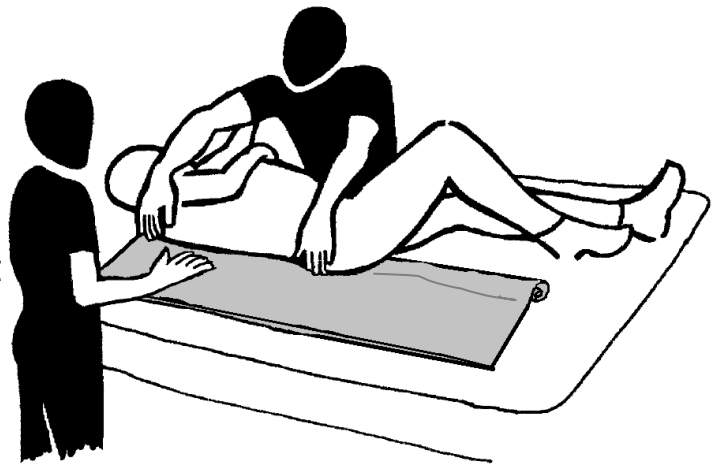


1

Carer to place hands on persons shoulders and hip, and roll person towards them.

2nd Carer inserts rolled Slide Sheet under person.

**2**

Person to roll onto their back.
Carer to unroll Slide Sheet.

**2b**

Alternatively - Person can be rolled onto their other side, and Slide Sheet unrolled (if required).



- N.B.**
- If bed side rails are in situ, lower prior to rolling person on bed.
 - Ensure bed is at appropriate height for carers.