

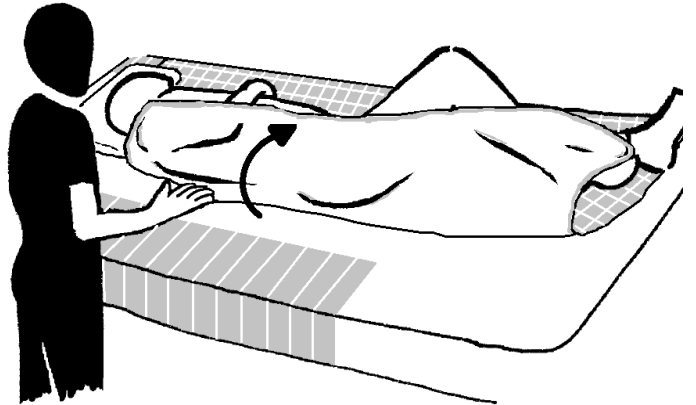
ROLLING ON BED

4-WAY BED SYSTEM

1 CARER

1

Person to be moved across the bed as per guidance sheet B11.



2

Carer to place top sheet over person, ensuring fabric is **not** covering persons head.

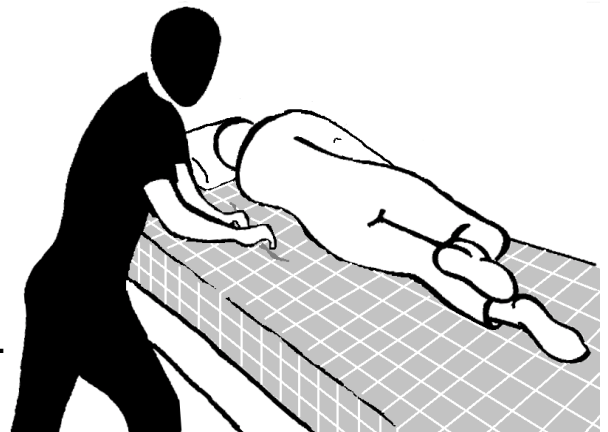
3

Carer to move to opposite side of the bed and grasp top sheet at shoulders and hips.



4

Carer to transfer weight from the front to back foot, to achieve log roll.



5

Carer to lay top sheet back on bed.
Person to maintain side lying position.

- N.B.**
- Ensure bed is at appropriate height for carer.
 - If bed side rails are in situ, lower prior to rolling person on bed.
 - Tuck top sheet under mattress after positioning.
 - Technique can also be used with 2-way bed system.