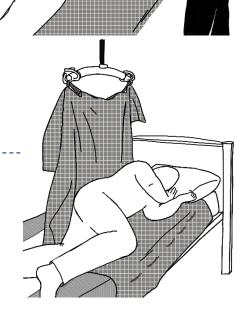
## ROLLING ON BED 4-WAY BED SYSTEM WITH HANDLE STRAPS

- Carer to move person to edge of bed as per guidance sheet B11 or B14.
- Carer to attach handle straps onto hoist spreader bar at shoulder and hip level.
- Carer to move to opposite side of bed, and operate hoist to roll person.

(If using a wedge, refer to Moving and Handling Care Plan for positioning)

- Person to maintain side lying position.

  Carer to lower hoist.
- For supported roll back; re-attach handle straps to hoist spreader bar, and encourage person to lean back into top sheet whilst lowering hoist.



- N.B. Person is not to be raised off bed. Do NOT use sheet as a sling.
  - Ensure bed is at appropriate height for carer.
  - Tuck top sheet under mattress after positioning

