MOVING ACROSS THE BED PADDED 4-WAY BED MANAGEMENT SYSTEM 1 CARER



Carer to raise 'curtain' (middle section of base sheet) as per guidance sheet B27.



Carer to stand at shoulder position. Carer to lift top sheet and grasp handles of top sheet, at person's shoulder and hip level.



Carer to stand with one foot in front of the other.

Carer to transfer weight front the front to back foot.

Keep movements small, do **not** be tempted to move the person in one movement.



Carer to move further down the bed, and repeat process at hips, and feet until desired position is achieved.



After desired positioning is reached. Carer to lower 'curtain' (middle section of base sheet) as per guidance sheet B27.





- **N.B.** Bed side rails to be lowered prior to re-positioning on bed.
 - Ensure bed is at appropriate height for carer.



