

Signs of Safety – Mapping Tool

Child ID:	Date Started:	
What are we worried about?	What's working well?	What needs to happen next?
<p><u>Past Harm / Past Worries</u></p> <p><u>Questions to parents / professionals / the network:</u></p> <ul style="list-style-type: none"> • What is your biggest worry? • What do you think the children would say they are most worried about? <p><u>First:</u></p> <ul style="list-style-type: none"> • When did you first become worried about the fighting and shouting / drug use / the house being a mess / your child running off? • What happened that first time? • How do you think this made your child feel / how did your child respond when this was happening around them? <p><u>Worst:</u></p> <ul style="list-style-type: none"> • What is the worst thing that you think has happened to your child because of the fighting and shouting / drug use / house being a mess / child running off etc. • What happened at that time? • Who did or said what? • What would your child say about what happened if we asked them? What do you think your child would say about how it made them feel? <p><u>Last:</u></p> <ul style="list-style-type: none"> • When were you last worried about the fighting and shouting / drug use / house being a mess / child running off? • What happened at that time? 	<p><u>Existing Strengths –</u></p> <ul style="list-style-type: none"> • Explore everything positive in direct parenting • Explore strengths in relation to the worries • Include questions to explore the network <p><u>Questions to parents / the network / professionals:</u></p> <ul style="list-style-type: none"> • If we asked your child, what are the best things about being in your family, what do you think they would they say? What else? • What do you like best about your children? (Can the parent describe what their child is like when they are at their best, even if it isn't always like this?) What difference does this make to your relationship when it's like this? • What impresses you (mum) most about dad/ gran/ auntie's (etc) care of the children? • What impresses you (dad) most about mum /gran / auntie's (etc) care of the children? • What are all of the ways that you show the children that you care about them? What do you think the children would say if we asked them? • Who is the person you trust the most to look out for you and the kids? • What are all of the ways that they have helped you and the kids out? <p><u>Questions to the child / young person:</u></p> <ul style="list-style-type: none"> • What do you like best about your parents? 	<p><u>Safety / Wellbeing Goals:</u></p> <p><u>Question to parents / network / professionals:</u></p> <ul style="list-style-type: none"> • If things were better than they are right now, what would that look like? • What would be different? • What do you want your relationship / drug use / home / child spending time away from the home etc to be like in 6 months time? • What do you think your child / partner / the people who know you and your child best want things to be like? <p><u>Question to the child / young person:</u></p> <ul style="list-style-type: none"> • When you think about your future, what are your hopes? What do you wish for? • If things were better than they are right now, what would that look like? <p><u>Next Steps</u></p> <p>Next steps are informed by the scaling question, which we ask to parents, the child if they are old enough and we also scale where we would rate it</p> <ul style="list-style-type: none"> • e.g. 'on a scale of 0-10, where 10 is that you are in control of your drug use, however if you do feel the urge to use then you have a plan with your important people that means that your child isn't around or affected by your drug use, and 0 is that your drug use is still really out of control, we're struggling to find enough safe people to step in and help

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<ul style="list-style-type: none"> • What would your child say about what happened if we asked them? • What do you think your child would say about how it made them feel? <p><u>Questions to the child / young person:</u></p> <ul style="list-style-type: none"> • What is your biggest worry right now? • If you could draw your worry, what would it look like? (Think colour, shape). • What name would you give your worry? • What are the things that make your worry stronger / give it more power? • What things are going on right now that are making life harder for you? • If the young person’s behaviour is worrying the adults around them – what do you think your mam / dad / gran / teacher are most worried about for you? <p><u>Future Danger / Worry (Danger / Worry Statement):</u></p> <p><u>Question to parents / network / professionals / the child:</u></p> <ul style="list-style-type: none"> • What do you worry will happen if things don’t change? • Of all of the things that are going on right now, which do you think we need to work on first? <p><u>Complicating Factors:</u></p> <ul style="list-style-type: none"> • What are some of the things that are going on that is making life harder for you? 	<ul style="list-style-type: none"> • What do you like best about your brothers / sisters / wider family? • Who are you close to? • What makes these relationships good? • Who would be the first person that you would go to if you were worried about something? • What do these people do that is helpful? • Who would you like to be involved in some conversations about how to make life better for everyone? <p><u>Existing Safety –</u></p> <ul style="list-style-type: none"> • Times when the worry / danger could have happened but didn’t, or • Times when someone did something or stepped in to make sure that the children were okay when something risky did happen. <p>If the family was previously open to services, what did the last worker see happen in the family that meant they were confident enough to end their involvement?</p> <p><u>Questions to parents / network / professionals:</u></p> <p><u>Violence:</u></p> <ul style="list-style-type: none"> • Mum, when dad has started to shout / throw things / go to hit you, what are all of the ways that you have tried to make sure that the children weren’t hurt or upset by this? • What difference did this make to the children? What would the children say if we asked them? 	<p>out and this means that your drug use is making life unsafe for the children, where would you rate it? What would need to happen for you to move up a point on the scale?</p>
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- **Who else has been around when things have got really stressful and heated at home between you and dad? What have they done to try to make sure that the kids haven't been stuck in the middle of this?**
- **Mum, who is the first person to notice when things are going wrong between you and dad and what do they do to try to help? Who is the person that you trust the most to look out for you and the kids?**

Question to the child:

- **Who would you say are the best people to have around you so that you feel safe?**
- **What have these people done that means that you feel safe around them?**

Drug use:

Question to parents / network / professionals:

- **Mam / dad, when you have managed to use less, what has helped with this? Who are the best people that help you to stay away from drugs or use them in a safer way?**
- **Mam /dad, can you tell me about all of the ways that you've tried to protect the kids from your drug use? What difference did this make?**
- **Who would the kids say that they would want to step in and help if they were worried about you? Who do you think the kids would want to look after them if you weren't up to this?**

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	<p><u>Home conditions:</u></p> <p><u>Questions to parents / network / professionals:</u></p> <ul style="list-style-type: none">• I know things are really getting on top of you right now so the house isn't as clean and tidy as you'd like it to be. What about when you have been more of top of the housework, what was different about those times? Who or what helped you to manage better?• What are the best ways that you have found to get the kids to help out a bit more around the home? What would the kids say if we asked them?• What would help you all to keep this going, so things don't start to slip again? <p><u>Child / young person running off without permission:</u></p> <p><u>Questions to parents / network / professionals:</u></p> <ul style="list-style-type: none">• Who are all of the people that you know who have eyes and ears on your children when they aren't at home?• Who would be the first person to get in touch to let you know they've seen your child out and about?• What would be a warning sign to you that you need to be worried, or take some action when your child is away from home, to make sure that they are safe?• What are all of the ways that you try to make sure that your child is safe when they're away from home? <p><u>Questions to the young person:</u></p>	
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	<ul style="list-style-type: none">• What are all of things that you are doing to make sure that you stay safe when you are away from home?• What would be a warning sign to you that you should be worried, even if other people around you don't seem to be?• Who would you get in touch with if you were worried and what would you want them to do to help?	
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On a scale of 0-10, where 10 is (we describe what a 10 would look like – the behaviours what we would we be seeing that would be different to the worrying behaviour) and 0 is (this is what life would be like if nothing changes for the children). This needs to be realistic in terms of each specific family and what is happening within that family at that time.

Use the case mapping tool to think through and prepare some questions for all three columns and this will inform your assessment – also map all of your case notes in this way and again it means that all the information is already there to be added to your assessment.