



YOUR GUIDE TO FOSTER CARE

up to 6 years



Northamptonshire
Children's Trust



HELLO

I'm here to help you read this booklet about foster care.

This is yours to keep. You can read, write and draw in it whenever you want!

THIS BOOK BELONGS TO:

I AM _____ YEARS OLD.

MY FOSTER CARER IS:

They look after me.

They have been chosen to look after children like me who can't live at home with their family.

Can you to draw a picture of your foster family in the space below:



MY SOCIAL WORKER IS:

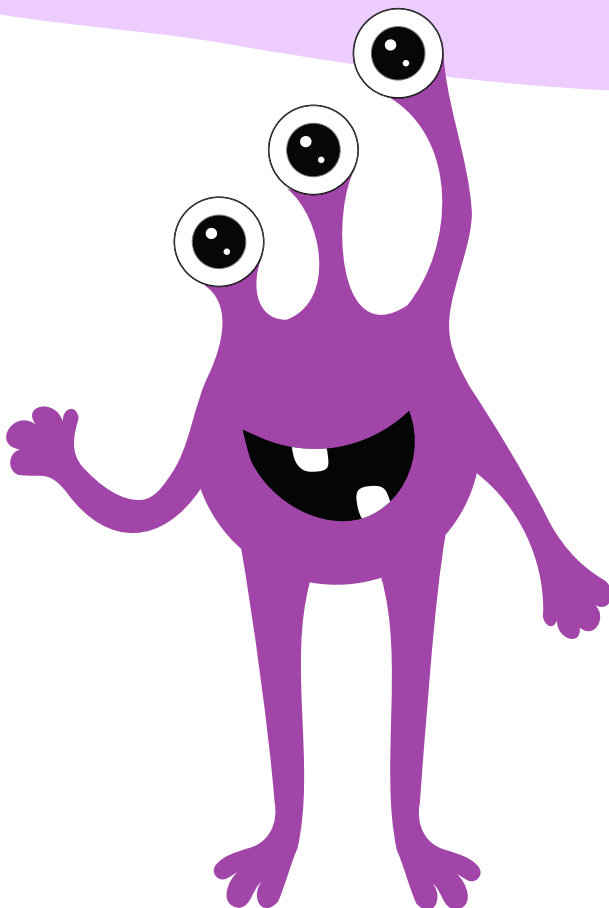
It is their job to visit me, make
sure I am well looked after,
and to talk to me.



OUR SUPERVISING SOCIAL WORKER IS:

It is their job to help my foster family and
make sure they are looking after me.

When they visit they will also want to talk to
me to see how I am.



WE LOOK AFTER YOU!

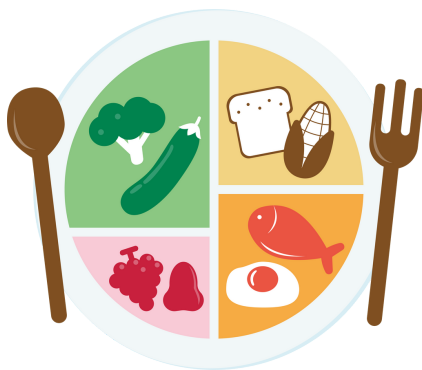
WE MAKE SURE:



**YOUR FOSTER
CARER PROVIDES
WHAT YOU NEED**



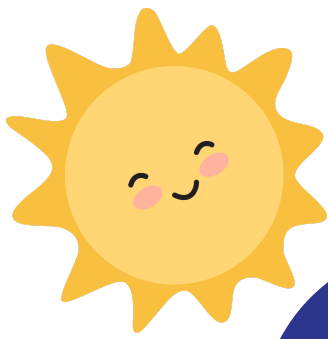
**YOUR WISHES AND
FEELINGS ARE HEARD**



**YOU ARE SAFE
AND HEALTHY**



**YOU GO TO
SCHOOL**



WHEN WILL I SEE MY FAMILY?

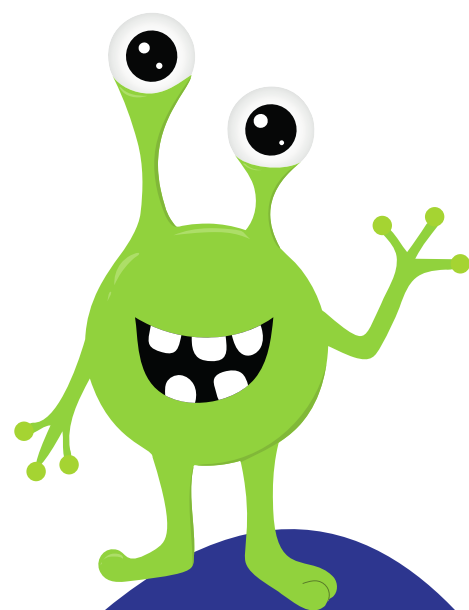
When you live in a foster home, it doesn't mean that you won't see your family.

Your Foster Carer and Social Worker will speak to you about this.

HOW LONG WILL I HAVE TO STAY?

Your Social Worker will make a 'Care Plan' for you. This tells you and everyone close to you what is going to happen. Your social worker will ask you what you think should be in your plan

WHAT QUESTIONS WOULD YOU LIKE YOUR FOSTER CARER AND SOCIAL WORKER TO ANSWER?





**If you are unhappy with any part of living with your foster carers,
please tell your social worker.**

Here are some of the other organisations that can also help you to do this:

www.barnardos.org.uk

www.gov.uk/government/organisations/ofsted

rights4children.org.uk

www.westnorthants.gov.uk/your-council/comments-compliments-and-complaints

mindofmyown.org.uk/



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