



Families Together (Edge of Care)

Redcar and Cleveland Families Together Service is committed to developing bespoke packages of support to meet the needs of children, young people and families.

The Families Together Service responds to children and young people on the Edge of Care.

What is Edge of Care?

Children and young people whom the social worker considers will need to enter care without significant support. This could be where needs are escalating, family relationships are breaking down or risks are increasing.

This could also include children and young people who cease to be children in our care and return to their parents or wider family network where further support is needed to prevent re-entry into care and to ensure they are safeguarded.

What do we offer?

Up to 12 weeks' intensive support to children and families to reduce risks to children and to prevent them from becoming Children in Our Care.

Crisis & Welfare support – Immediate response to families in a crisis situation to prevent family/carer breakdown.

How to refer

Referral forms and risk assessment to be completed and sent to:

FamiliesTogether@redcar-cleveland.gov.uk

Referrers can seek immediate telephone advice prior to making a referral by contacting:
Nadia Usman (Team Manager) 01642 95391

SAFE Team & Families Together:

Grangetown Youth & Community Centre
TS6 7HP

Resource Manager: Rebecca Cheesman
rebecca.cheesman@redcar-cleveland.gov.uk

SAFE (Safeguarding Adolescents from Exploitation)

Specialist exploitation team working with children, young people and their families and carers to respond to, reduce and disrupt risks of exploitation.

The Team builds and maintains high quality and professional relationships with children, young people and families/carers to enable positive change to take place and reduce and disrupt risks of exploitation. We work closely with schools, communities and within the Partnership to raise awareness and reduce risks relating to exploitation.

How to refer

Referrals to the team will be via the child exploitation screening tool that is submitted and presented to the weekly SAFE Exploitation Group (VEMT).

Parenting Team

POP (Points on Parenting) - Pop is a 10-week bespoke parenting programme written for parents that have social care involvement for their children. The contents of the programme cover complex issues such as how to care for their baby, the importance of routines, the importance of understanding their children's emotional wellbeing, how to implement guidance and boundaries and factors that impact on parenting.

Freedom Programme - 6-week rolling programme for women who experience domestic abuse.

Solihull – The Solihull Approach emphasises containment, reciprocity and behaviour management.

Referral forms to be completed and sent to:
FamiliesTogether@redcar-cleveland.gov.uk

Family Time, Parenting & Family Therapy:
The Beach House, 35 Coatham Road, Redcar, TS10 1SA

Family Time

- Court Ordered supervised and monitored family time sessions at The Beach House for children with parents, siblings and other family members.
- **Referrals to be completed by Social Workers and sent to:**
familytimeservice@redcar-cleveland.gov.uk
- 01642 771666 / 07500606916 / **Claire Foxtan (Team Manager)**

Reducing Parental Conflict

- **One Plus One digital resources:** Digital courses for new parents, stressed parents, and separated parents.
 - Me, You and Baby Too
 - Arguing Better
 - Getting it right for children
- **Parenting Cooperatively after separation:** A solution focussed parental assessment toolkit with strategies and tools that can be used to support any couple or individual concerned about parental conflict and the impact of their arguments on their children.
 - Intervention: 6 structured sessions to support families to support separated parents with co-parenting
 - Toolkit: A practical resource for professionals to support parents and help them work together without conflict

More information: Sam Jones (Families Together Project Manager)
samantha.jones2@redcar-cleveland.gov.uk

Family Therapy

The service is available to families that are open to Social Care. Therapists will carry out an initial assessment on referrals received via Resource Panel to determine the most appropriate therapeutic intervention.

What We Offer

- Individual counselling/psychotherapy
- Non-Directive Play Therapy
- Dyadic Developmental Psychotherapy (DDP)
- Systemic Family Therapy
- Attachment Focused Psychotherapy using Theraplay Principles
- Narrative Exposure Therapy
- Therapeutic Life Story Work
- Guidance/Consultations
- Nurturing Attachment Training

How to refer

- Practitioners must complete and present their referrals to the weekly Resource Panel.