**Mind Of My Own Briefing Paper**

**What is Mind Of My Own?**

Mind Of My Own apps, is a web application that gives children and young people an instant and convenient way to express their views and practitioners a smart way to evidence them.

Mind Of My Own has two features – the **One app** and **Express app**:

**One app**

The One app helps children and young people communicate their views in a way that suits them. Children and young people create an account on the **One app** and once signed up, they can use it on their own, anytime, 24/7. The **One app** helps children and young people prepare for any upcoming meetings they have, report problems, share good news, and more!

The One app can be:

• Downloaded on the app store or google play

• Accessed on the web via [**https://one.mindofmyown.org.uk/**](https://one.mindofmyown.org.uk/)

• Used independently, 24/7, on any device

• Co-used with a practitioner on their practitioner’s account

• Used for meetings, reviews

• To share good news

• To sort out problems

**Express**

**Express** is an accessible app for younger children and those with additional needs to express their views. As a worker, you can create a one-page profile in minutes!

**Express:**

• Uses expressive pictures, minimal text and affirming sounds

• Can be used for any education, health or social care planning (EHCP) or review process

• Is designed to be co-used with a practitioner (cannot be used independently)

**How does it work?**

Mind Of My Own apps guide children and young people through a selection of different clickable scenarios, offering free text and clickable responses. Once a scenario has been completed, Mind Of My own turns what a child or young person has said into a clear PDF statement - this is then sent to you via email. You don’t have to type up what a child and young person has said, you just need to record that a ‘statement’ has been received and - once received, the PDF file can be uploaded to a child’s file, by forwarding to the Liquid

Logic Document Store [LLDocumentStore@durham.gov.uk](mailto:LLDocumentStore@durham.gov.uk)

**Using Mind Of My Own apps**

It is the lead practitioners responsibility to introduce a child and young person to Mind Of My Own apps and assist them to set up their own One app account. Thereafter, a child/young person can use it independently to express their views, wishes and feelings with professionals.

It is essential that a child/ young person’s views are captured and evidenced through Mind

Of My Own apps in preparation for looked after reviews and child protection conferences.

**Training**

Mind Of My Own training is compulsory. To sign up for training follow this link <https://durhamcc.learningnexus.co.uk/course/view.php?id=1665>

**Help & Support**

Visit Mind Of My Own’s help page via [www.mindofmyown.org.uk/help/ .](http://www.mindofmyown.org.uk/help/)

Alternatively, contact mindofmyown@durham.gov.uk or speak to your team champion