



Practitioner Training

Using the scenarios in your practice: The Express App

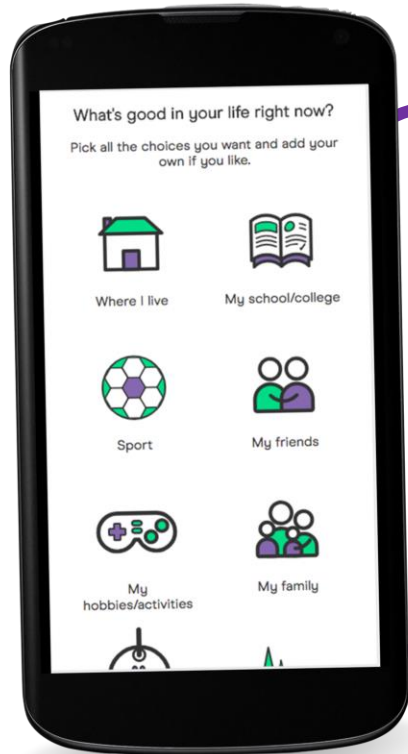


Meet Max...



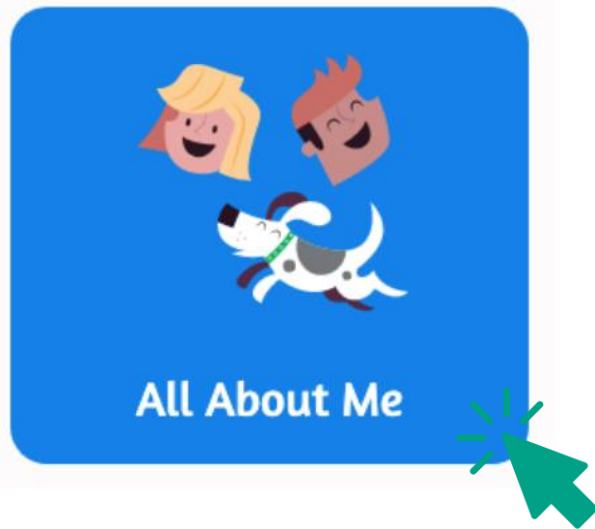
Max is 7 years old. He has a moderate learning disability and is non-verbal. He also has a developmental co-ordination disorder, which affects his co-ordination skills and balance. He lives at home with his parents and ten year old sister. He attends a special needs unit within a mainstream primary school. Max has just been allocated to a social worker, Mary, in the disabled children's team. She is keen to get to know Max.





- **How could the app help?**

- **Which scenario helps workers to find out about the children?**



“All about me” gives a perfect overview of a child’s likes and dislikes.

All about me can be useful for:

- **All workers to get to know a child / young person**
- **Assessments, plans and reviews**
- **Education, Health and Care Plans**
- **Transition planning**
- **Short break services**
- **Child in need Meetings**
- **Children coming into the care system**
- **Communication passports**
- **One-page overviews**



Max's new social worker, Mary, has been asked to complete a Child in Need Assessment and she wants to gain a better understanding of Max's life.

- How could the app help?
- Which scenario helps workers to explore children's lives and relationships with them?



“My Life” helps you to gain an overview of the child’s life: their relationships; how safe they feel; potential risks and strengths. It explores potentially difficult topics in a safe and easy way.

My Life can be useful for:

- All workers
- Assessments, plans and reviews
- Education, Health and Care Plans
- Child in Need Meetings
- Child Protection conferences
- Transition planning
- Short break services
- Children coming into the care system
- Statutory visits
- Child in care reviews
- Foster care reviews
- Communication passports



Max has an Education, Health and Care Plan. His annual review is about to take place and the professionals are keen to get Max's views about his education and health needs

- How could the app help?
- Which scenarios help workers to understand how a child feels about their health care and education?



“My Health” helps you to understand how the child feels about their health and visits to health professionals. It can help you to explore any worries they have and understand their behaviours better.

My Health can be useful for:

- All workers
- Assessments, plans and reviews
- Education, Health and Care Plans
- Child in Need Meetings
- Child Protection conferences
- Transition planning
- Short break services
- Children coming into the care system
- Statutory visits
- Child in care reviews
- Foster care reviews
- Communication passports



“My Education” helps you to understand the child’s learning preferences and identify the support they need. It provides a clear picture of how the child feels about school, teachers, interests and hobbies.

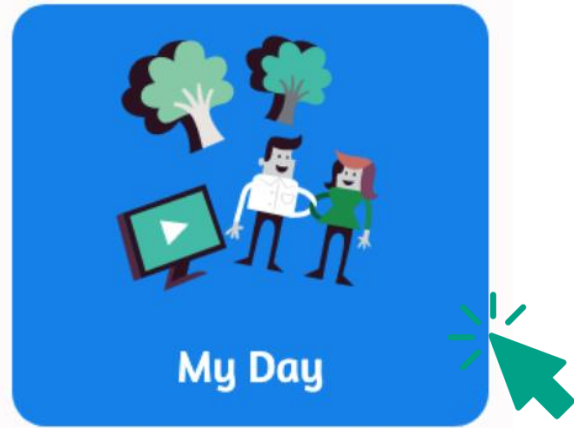
My Education can be useful for:

- All workers
- Assessments, plans and reviews
- Education, Health and Care Plans
- Child in Need Meetings
- Child Protection conferences
- Transition planning
- Short break services
- Children coming into the care system
- Statutory visits
- Child in care reviews
- Foster care reviews
- Communication passports



Max's parents and the school exchange a Home School diary each day so that they can quickly exchange information about Max's learning, behaviour and medical needs. His parents now want to explore how the Express app can help Max to talk about how he feels about each day.

- How could the app help?
- Which scenarios help workers to understand...



“My Day” helps you to understand what has gone well and not so well in the child’s day. It helps children to open-up about their experiences and to become more reflective: helping them to make small changes in their lives.

My Day can be useful for:

- All carers and professionals. Particularly helpful for school staff and parents / carers.
- Home / school communication
- Building a picture of the child’s lived experience better
- Education, Health and Care Plans and reviews
- Tracking emotional wellbeing
- Self monitoring
- Monitoring challenging behaviour



Max has been offered a short break at a short break unit, bi-monthly. He is a little nervous about his first visit and his parents and social worker think it might be helpful for Max to give the new unit an overview of himself.

- How could the app help?
- Which scenario can help Max to give an overview of himself in his own words?



“Me in my own words” allows young children to create a one-page profile. This can help inform new people coming into their lives. It can be used for life story work and to explore identity as the child grows.

My In My Own Words can be useful for:

- All people in the child’s life
- One-page profiles
- All assessments, plans and reviews
- Education, Health and Care Plans and reviews
- Team Around the Child and CIN meetings
- Statutory visits
- Child in care statutory reviews
- Foster care reviews
- Communication passports