



Core training for practitioners



Ground rules



Loud noises!
Mute your
microphone



Got a question?
Ask us via the 'chat'
function

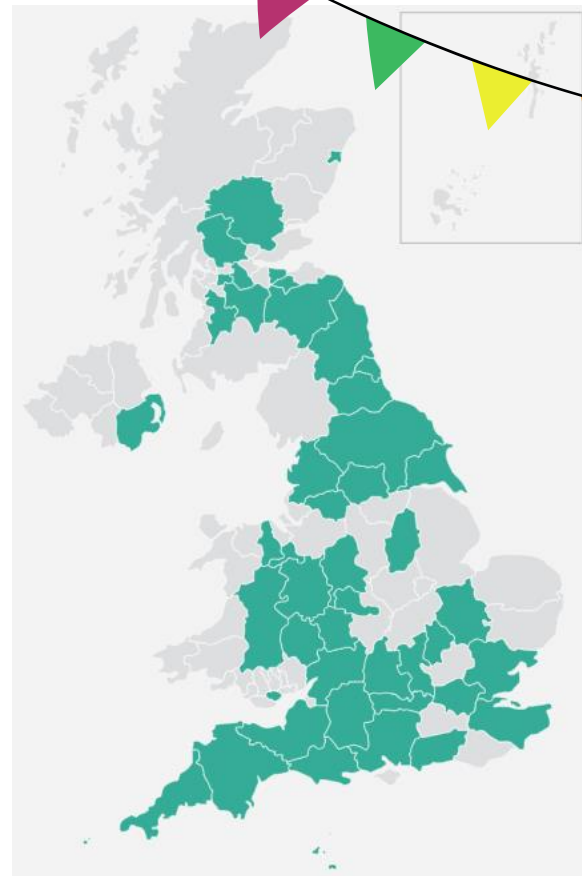


Let us see you
Please keep your
camera on



Get involved!

- **450+** services – councils, third sector, and national organisations
- Well over **80,000** children’s views heard
- Available in **100+** languages







- Ensures children's voices are heard
- Gives control to children and young people
- Supports UNCRC
- Integral to your participation strategy
- Stimulates changes to practice
- Provides data to support organisations that serve children and young people



How young people can sign up for their own account using our One App

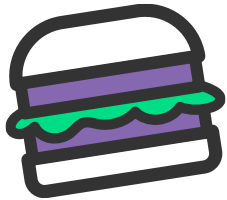


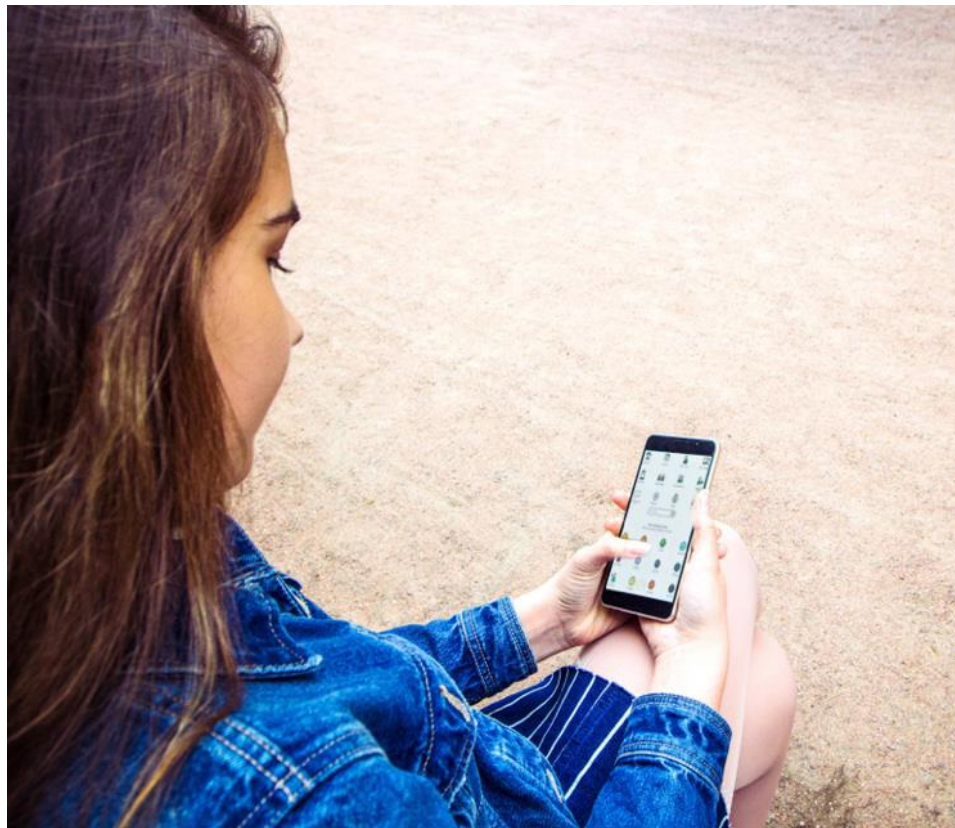
How you can use Express to empower younger children and those with additional needs to have a greater say



How you can have your own account to use the apps with children and young people

Mind Of My Own **ONE**





- Children feel more actively involved in their care planning
- Being in control
- A safe and alternative way to communicate
- Easy and simple

What other benefits can you see?





- Supports direct work
- Fresh ideas and a new way of working
- Capturing the child's authentic voice
- Time saving

What benefits can you see?



- Tasks**
- One App Statements
- Express Statements
- All Usage
- Worker Accounts
- One App Responses
- Organisation Settings

Assign New One App Statements

ID	RECEIVED	TYPE	FROM	TO	ACTIONS
6332	03 Jun 2020 10:35	My Wellbeing	Jill Thorburn	My Social Worker	ASSIGN
6331	03 Jun 2020 10:11	My Wellbeing	Joe Bloggs	My Social Worker	ASSIGN

Re-assign Pending One App Statements

ID	RECEIVED	TYPE	FROM	TO	ASSIGNED TO	ACTIONS
6338	05 Jun 2020 11:18	Problem	Cameron Forester	Complaints Officer	Cameron.Forester@MindOfMyOwn.Org.UK At 05 Jun 2020 11:20	RE-ASSIGN
6333	03 Jun 2020 11:23	My Wellbeing	Joe Bloggs	My Social Worker	Cameron.Forester@MindOfMyOwn.Org.UK At 05 Jun 2020 11:05	RE-ASSIGN



Message



Action needed: a young person's statement is waiting for you



Mind Of My Own support <support@mindofmyown.org.uk>

Today at 08:45

To: Hunter

Attachments

Manage Add-ins...

Hi there,

You've been assigned a My Wellbeing statement. It was sent to your organisation on 03 Jun 2020 around 10AM.

Make sure to save the statement as you'll only be able to use the link for 14 days (this helps us keep Mind Of My Own secure).

You'll find the statement here:

[Download statement →](#)

That link will download the statement directly to your computer. No signup or login is required. If you need help with statements then just reply to this email and ask for help. For more information about Mind Of My Own, visit www.mindofmyown.org.uk/support.

If you already have the statement, let your organisation's Mind Of My Own team know:

[I've got it already →](#)

Thanks

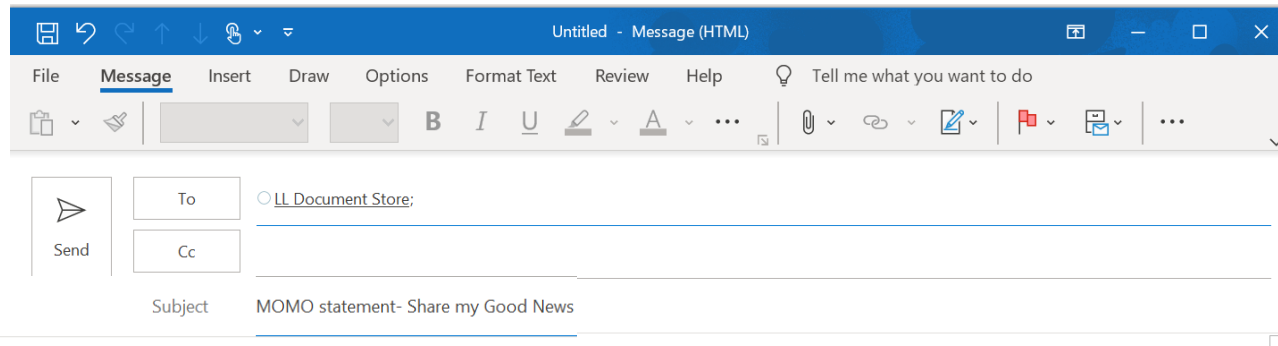
the Mind Of My Own Team
www.mindofmyown.org.uk

The contents of this email are confidential. If you are not the intended recipient, or you believe this email has been sent in error, please delete it.

When you receive a statement from a child or young person you will receive an email as shown here. You must select download statement to open the statement. The statement will open as a PDF document.



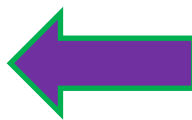
1. Worker receives MOMO statement via email



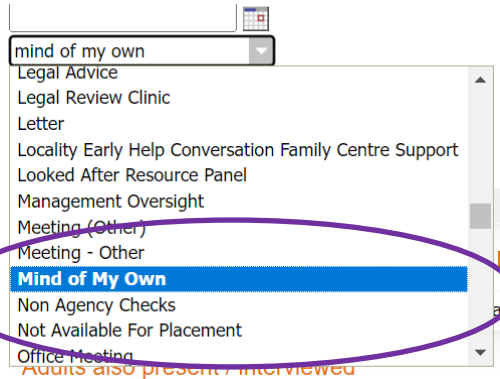
2. Statement is uploaded to the document store by worker



4. Worker responds to child/young person



Contact Date
Type of Contact
Follow-Up Date
Contact Regarding



3. A case note is made on the child/young person's file using the MOMO drop down menu

Who is feeling unsafe or unhappy

In the last 30 days

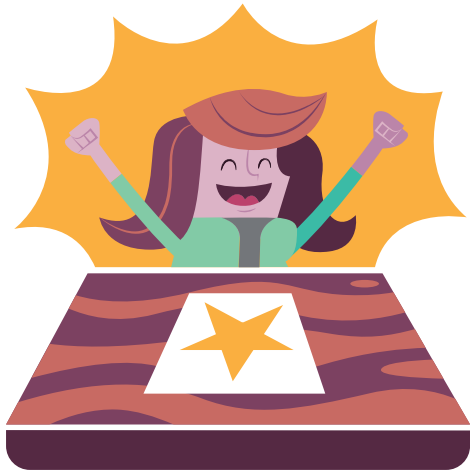
NAME	REPORTED	WHEN	ACTION	FOLLOW UP
LAONE YPDEMO	Feeling unsafe	18 hours ago	DOWNLOAD	COMPLETED
Bob Smith	Feeling unsafe	1 day ago	DOWNLOAD	COMPLETED
Jill Todd	Feeling unsafe	1 day ago	DOWNLOAD	REQUIRED
LAONE YPDEMO	Feeling unsafe	2 days ago	DOWNLOAD	REQUIRED
Dolly Parton	Feeling unsafe	6 days ago	DOWNLOAD	COMPLETED



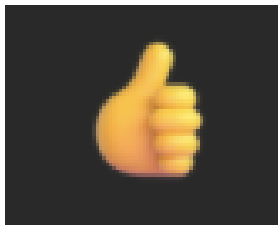


Log into your account to:

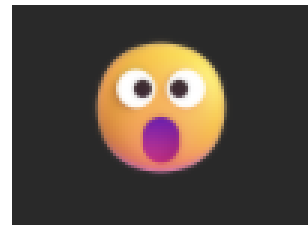
1. Introduce Mind Of My Own to children – show them how it works
2. Co-use Mind Of My Own with children during direct work
3. Help children who don't have access to the one app independently to share their thoughts
4. Use the Test Profile to remind yourself how the apps work

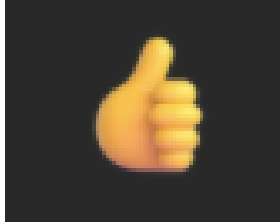


- Aimed at younger children and those with additional needs
- The app has been used with children as young as 2 years
- It can be used to give children a voice in their plans
- Usually accessed with a worker through the practitioner's space.
- A useful direct work tool – you can even take a picture of the child and any work you have done together.
- You can write your case notes and share them with the child and family – great transparent practice

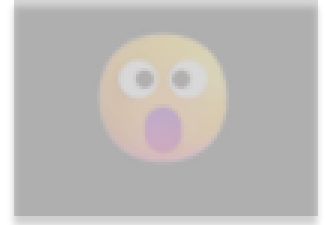


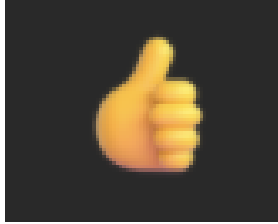
TRUE *OR* FALSE?





TRUE *OR* FALSE?

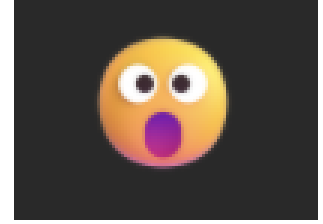


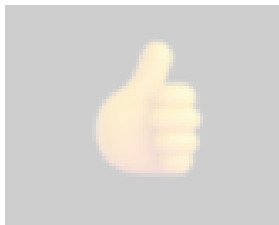


TRUE

OR

FALSE?

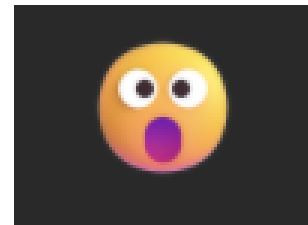


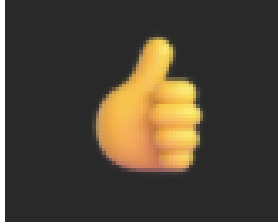


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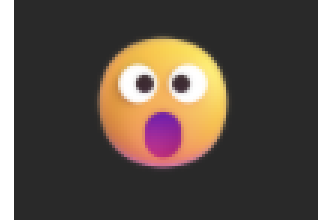


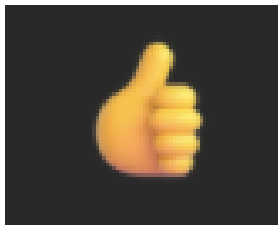


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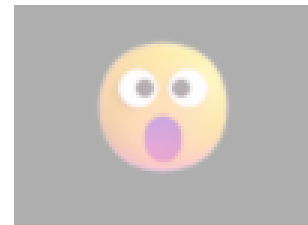


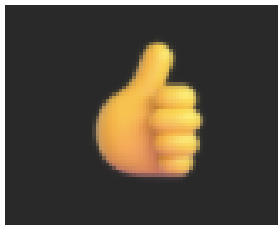


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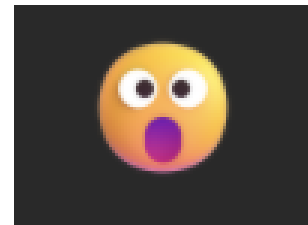




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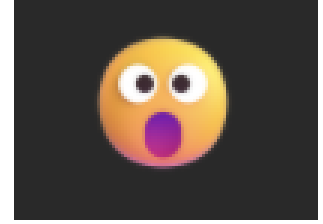


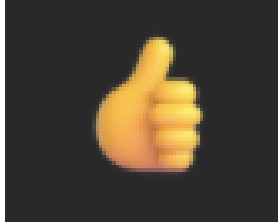


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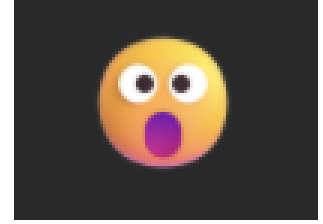


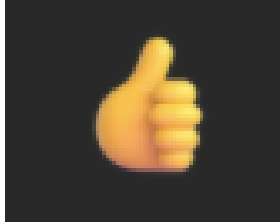


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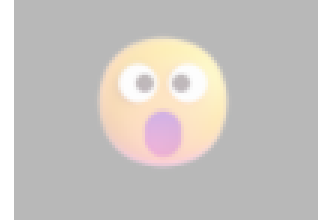


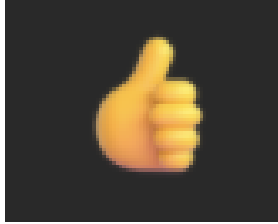


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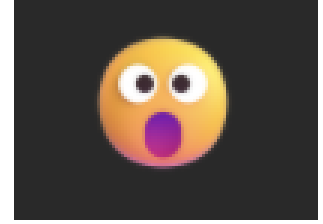


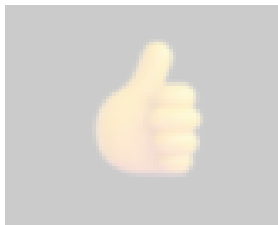


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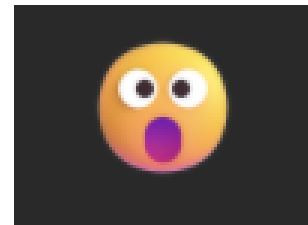




TRUE

OR

FALSE?



Activity



What will you actually say when introducing One or Express to a young person?

One

- You can use this app to tell me about stuff that's important in your life
- It's easier than saying things face to face
- The app helps you organise your thoughts and say what you want to say
- You can use it on any device and any browser, if you log in and out properly
- I can show you step by step how to sign up for your own account
- Your account is private and only you will know what's in it
- This is your chance to get statements written by you in your own words on to your case records



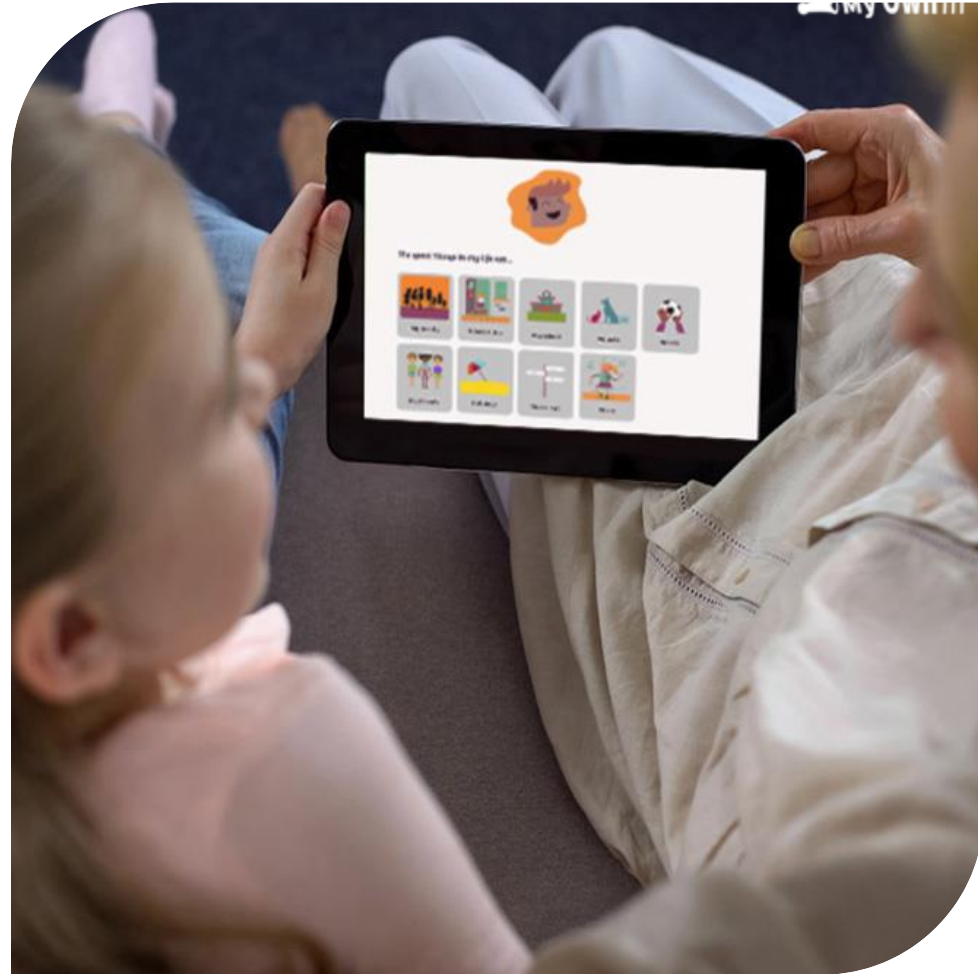
Express

- See if you can work out what these pictures are about
- Come and show me the things you like
- Let me show you how you can make a report with your photo on it
- I know you love pizza! What's your second favourite food? Come and show me on the computer
- How are you feeling today? You can use Express if it's easier than talking
- How did you get on today? Use this app with me to let me know
- Let's press SEND now so we can keep your report and print it for you



Practice Standards

1. Open your web browser
2. Go to space.mindofmyown.org.uk
3. Click 'Log in'
4. Fill out your work email address and password
5. Click 'Test Profile' and have a play on One & Express



Next steps

Use your practitioner space with young people today

Talk to your young people **today** - help them sign up to their own accounts. Get them to send you a 'My Wellbeing' or 'This Is Me' statement

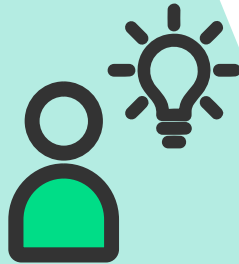
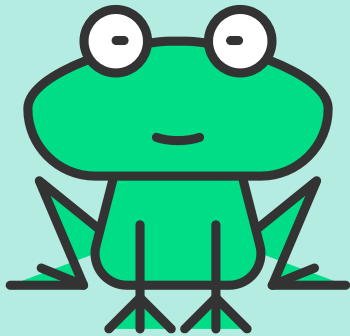
Be enthusiastic! Tell them, 'your views are important to me'

Keep in touch with us and let us know how it's going.



Need help or support?

email support@mindofmyown.org.uk
or call 03300 579 575



Work on getting your first **five** statements from young people within the next two weeks

You will then be eligible for your CPD course certificate – Email support@mindofmyown.org.uk for your certificate



- Talk to all your young people **today** - help them sign up to their own accounts
- Get them to send you a 'My Wellbeing' statement
- Find helpful resources to share with children, young people, parents, carers and staff in the [Durham Resource Library](#)

Mind Of My Own

STEP 1
Go to one.mindofmyown.org.uk and either sign up to a new account or log in to your existing account.
You can also download the app from either the Apple App Store or the Google Play store

STEP 2
Choose a topic to complete - you can 'prepare for a meeting', 'share good news' let someone know how you're feeling or 'sort a problem'

STEP 3
Answer as many of the questions as you like and add more information where you want to.
Once you have finished, click on 'preview your statement'

STEP 4
Now that you have created a statement, you will get a dropdown menu with options to send it to a professional that you trust.
For example, your: **Social Worker, Support Worker, Teacher, or someone else.**

STEP 5
After selecting who you want to send the statement to, click on 'send'
Your worker receives an email to **download/read your statement** and will get back to you.

STEP 6
If you sent a statement about a meeting, a few days later you can also choose the scenario 'How did the meeting go?' to say what has happened and share your views about how it went.
Then you can send this to the person that needs to know

Do you like what you hear? Scan the QR code to the right to go to the website

support@mindofmyown.org.uk
www.mindofmyown.org.uk
@MindOfMyOwnApp

Available on the App Store
GET IT ON Google play

Mind Of My Own

My Opinions Matter

"Mind of my Own apps can help you say what you want to say and help you talk to your workers before, during and after meetings."

Mind of My Own can be used by us all, it's so easy, you can share it with workers who support you but only if and when you want to.

Take control: We love that the app is safe, private and gives us the chance to say how we feel in our own time.

Be heard: The apps let us use our true voice and communicate with our workers in a different way.

Ask your worker about Mind of My Own today and sign up for your One app account at one.mindofmyown.org.uk

For more help and support around Mind of My Own please contact your worker or email your questions to CSCParticipationandEngagement@durham.gov.uk

This leaflet was created with Nat, Wilson, Shannon, WIS, Leahap, Catlyn, Megan, John and Ella

Durham County Council