

WHAT CAN I DO WHILE I WAIT FOR MY APPOINTMENT?

We understand that it can be difficult knowing how to help your child while you are waiting to see a speech and language therapist.



Our website contains lots of advice and information about how to support your child's speech and language development, including downloadable resources and videos to watch.

There are sections on supporting:

- **Listening and Attention**
- **Understanding**
- **Expressive language**
- **Speech sound**

<https://childspeechbedfordshire.nhs.uk/information-and-advice/>



<https://childspeechbedfordshire.nhs.uk/faqs/>

You can also access our e-learning - an Introduction to supporting Speech, Language and Communication'. HERE:

https://childspeechbedfordshire.nhs.uk/wp-content/uploads/2021/05/CS013_21-SLC-E-learning-flyer_A4-v4-WEB.pdf

Our virtual training workshops are free and cover a range of speech, language and communication support needs and can be booked via our website HERE

<https://childspeechbedfordshire.nhs.uk/training>

Support with social communication:

<https://www.cambscommunityservices.nhs.uk/beds-luton-community-paediatrics/diagnosis-support-pack/supporting-social-communications-development>

Here is some other helpful advice which can be found on the following websites:



Tiny Happy People is here to help you develop your pre school child's communication skills. Explore our simple activities and play ideas and find out about their amazing early development

<https://www.bbc.co.uk/tiny-happy-people>



For information relating to speech, language and communication needs.

<https://ican.org.uk/>



This website supports parents and represents children and young people with speech, language and communication needs.

<https://afasic.org.uk>



Information, advice and support for children, young people and their families regarding stammering.

<https://stamma.org/>



Michael Palin Centre for Stammering: Do you want to know more about stammering or cluttering and how you can help your child?

<https://michaelpalincentreforstammering.org/>



The National Autistic Society (NAS) is a British charity for people with Autistic Spectrum Disorders (ASD), including Autism and Asperger Syndrome. The purpose of the organisation is to improve the lives of people with Autism in the United Kingdom.

<https://www.autism.org.uk/>



National website for information about the Makaton sign and symbols programme

<https://makaton.org/>