

# Early Help Practice Standards

## 1. Our vision

To work with our communities and partners to help everyone (children and families) in Enfield to be resilient, overcome challenges and lead happy and fulfilling lives.

We will achieve our vision by focussing on the following three priorities:

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### **Provide clear information, advice and support**

Every individual in Enfield will have the knowledge of and access to the right support, at the right time, in the right place to tackle problems early.



### **Empower communities**

People will be motivated and empowered to take advantage of every opportunity the borough has to offer, to help themselves and their communities to make Enfield an even better place.



### **Establish an effective early help system**

There will be a whole-system approach to early help with strong leadership, a confident workforce and commitment to join-up and integrate resources and services.

## 2. Our values, behaviours and principles that underpin our practice:

# Our Values and Behaviours

At Enfield Council our values and behaviours form part of everything you will do. You'll need to be able to demonstrate them through the way you carry out your work with us. It's not just what we do, but also how we do it, that is measured through our interactions with our customers, our colleagues, and councillors. The values and behaviours used at Enfield are so important to each of us.

## Our behaviours

There are four key behaviours we expect every member of our team to demonstrate, regardless of who they are and what they do for the council. We lead by example to encourage and inspire each other through these behaviours:



Take responsibility

**Take responsibility** is about taking ownership of our own behaviour and actions and their consequences.



Be open, honest and respectful

**Open, honest, and respectful** means displaying 'high regard' for all people and showing we all accept and support a range of diverse points of view.



Listen and learn

**Listen and Learn** is fully concentrating on what is being said and understanding the customer's point of view. Learning means we all take positive action to improve services and individual skills and capabilities for professional and personal growth.



Work together to find solutions

**Work together to find solutions** is about working collaboratively and cooperatively with other departments and partners, sharing skills and knowledge with each other to strive towards a common goal.

## Principles that underpin our practice:

- **Child centred and child first approach** – we keep children at the centre of everything what we do and when working with children in the context of offending, violence or exploitation we treat them as children and provide Early Help interventions that help to build pro-social identity.
- **Voluntary engagement** – our families engaged with us on a voluntary basis through an informed consent, because they want to rather than because they must do
- **Empowerment** – we work **with** families to develop a plan of support to help them overcome challenges they face whilst also empowering families to help themselves to make positive changes and reach their goals.
- **Resilience** – we work with families from a strengths-based perspective to foster resilience and self-help to enable families to sustain positive changes
- **Holistic support** – we work with families in a holistic way, providing them with support to meet all their needs.
- **Collaboration** – we work in partnership other organisations to provide the best support to families we can, harnessing collective resources we have in Enfield to make a lasting difference to our families and taking a role of a 'lead professional' to coordinate everyone's contribution to the plan of support for our families.
- **Co-production and co-creation** – we listen to the voice of children and families and evaluate, design our services in response to their feedback.

### 3. Our practice models

Early Help workforce is expected to use the following within their practice:

#### 3.1 Signs of Safety (Signs of Well-Being in the context of Early Help)

The Early Help Service is using the Signs of Safety in every aspect of the work that we provide to families.

At its simplest, the Signs of Safety framework can be understood as containing four domains for inquiry of Early Help workers:

1. **What are we worried about?** (Past harm, future danger and complicating factors.)
2. **What's working well?** (Existing strengths, well-being, family resilience and safety.)
3. **What needs to happen?** (Future well-being and safety.)
4. **Scaling 0-10**, where 10 means there is enough family well-being within children being kept safe and achieving positive outcomes for Early Help to close the case and 0 means that family/child are not thriving or may need statutory intervention.

### 3.2 Trauma Informed Practice

We have committed to work with children and families in a Trauma-informed way. Within our practice we recognise the signs of trauma, acknowledge the impact of trauma and identify paths to address the effects of trauma experience, and actively prevents children and families from experiencing further trauma.

Rather than solely focusing on problematic behaviours, we try to understand what happened to children and families that caused those behaviours in the first place. We take into consideration children's lived experiences, vulnerabilities and triggers and tailor our support to each individual's complex, nuanced needs.

We believe that by being sensitive to families unique lived experiences fosters trust and creates an environment conducive to healing and positive change.

### 3.3 Motivational Interviewing

"Motivational Interviewing is a way of working in collaboration with families to help them achieve the changes that they want to see in their lives. It starts from strengths, focusing first on what is strong, not what is wrong. It is underpinned by the idea of working with compassion and in partnership, empowering families to be the agents of their own change".

Enfield Children and Family Services made an investment into Motivational Interview training that is being rolled out across the system of early help and social care from July 2023 onwards.

## 4. Journey of the child/family through Early Help

Point of the journey	What we do
<b>Referral</b>	Referrals are received via the Children's Portal. Anyone can make a referral; this can be a professional or a self-referral. All referrals are subject triage by the Early Help duty team and overseen by the Early Help Triage Lead on duty who will record their triage oversight. The outcome of the referral can be either: <ul style="list-style-type: none"><li>• progression to Early Help Assessment and allocation of the case;</li><li>• provision of information, advice and guidance to the referrer or signposting;</li><li>• Remit to MASH if safeguarding concerns identified;</li><li>• No further action</li></ul>
<b>Allocation of case</b>	All Early Help cases are allocated by Deputy Team Managers on Monday, Wednesday and Friday. Allocation of cases must happen within the timeframe of 48 hours.
<b>Initial contact with family</b>	It is the responsibility of the Early Help case worker to contact family within 48 hrs of case allocation.

<b>Home Visit</b>	Early Help case worker will undertake initial home visit within 5 days of allocation unless there are circumstances that this is not feasible and if that is the case, this should be discussed and agreed with their Line Manager
<b>Early Help Assessment</b>	<p>Early Help Case Workers will undertake an and Early Help Assessment (aided by the Family Star Tool). Early Help assessment should be completed within 30 days from the point of allocation. It is the expectation that the Early Help case worker meets with family members to gather their information for the assessment this will include undertaking direct work with child/ren or young person, meeting with parent/s and or significant other family members as well as ascertaining information from relevant professionals involved with the family.</p> <p>Assessment should be shared with family.</p>
<b>Plan of Support</b>	<p>As part of the initial planning process, it is expected that the Early help case worker informs the referring agency of the case allocation &amp; involvement.</p> <p>When meeting with family, they will discuss the referral information and obtain the consent form parent/carer. The EH case worker should also explain their role and provide the family with the complaints, compliments, and privacy notice forms.</p> <p>Early Help assessment will inform the action of plan of support. The Plan should be developed with family and shared with family within the assessment period of 30 days.</p>
<b>Team Around the Family/Child</b>	If the case requires a TAF meeting this should take place within 4 weeks of case work commencing and a review of the work. However, there may be occasions when a TAF is not required due to no professionals having any concerns therefore the Early Help case worker and parent will continue to have regular meeting/ visits to progress the support.
<b>Review</b>	<p>If the case has had a TAF and requires a review of the work, this must take place within 6 weeks from date of the original TAF meeting.</p> <p>The purpose of the TAF review is to review that work that has been undertaken and to drive the progression of the work with family.</p> <p>TAF enables us to ensure that all relevant professionals are sharing up to date information of their involvement and for the family to have an opportunity to share their views and work towards the same goals.</p> <p>If a TAF has not taken place the case worker still needs to review their work /support with family by having</p>

	regular meetings with family & young person to ascertain their feedback and ensuring that they are all working towards same goals.
<b>Direct work/intervention</b>	It is expected that the Early Help case worker undertakes an initial home visit and subsequent home or school visit to the family. They should undertake a direct work with child/ren & young person/parent/s to ascertain their views/ wishes /feelings. The intervention can take place inside or outside of the family home and family engagement should be meaningful and outcome focused.
<b>Exit – case closure</b>	<p>Once the work has been completed and family does not require further support, the case is ready for closure. As part of the exit planning, Early Help case worker may consider further signposting or referral to other services within universal setting.</p> <p>It is the responsibility of the Early Help case worker to ensure that all the documents are uploaded into the documents tab, case notes are finalised, and chronology &amp; case summary are updated. Early Help case worker will arrange closing meeting with family. Following the meeting, Early Help case worker will send a closure letter to the family and inform the professionals of case closure.</p> <p>The Early Help Team Manager will end the case worker involvement on key agencies tab on EHM LL</p>

## 5. Step up and step

The step up/ step down process can be found within Transfer

Our aim is to ensure that all families received the appropriate support at the right time, with a smooth transition between Early Help (EH) Services, Children’s Social Care and Youth Justice

### Step Up

Children and families’ needs can often be addressed by way of Early Help Services. However, there will be circumstances where the family situation deteriorates, and statutory intervention is needed to assess the situation and prevent the risk escalating to keep children safe.

If the Early Help Case Worker identifies safeguarding concerns, in the first instance, they must alert the Early Help Manager (or the Head of Services in their absence) as a matter of priority. If raised verbally, this must be followed up immediately with a confirmation email. The Early Help Manager and the Case Worker will discuss the case, and the Early Help Manager will decide whether to refer the case to MASH. In this event, the Early Help Manager will discuss the case with the MASH Team Manager.

If the MASH Team Manager determines that threshold has been met, the case will escalate to statutory services. The case will be stepped up as directed by the MASH.

If it is determined that threshold has not been met, the case will remain with EH Services.

If the Early Help does not agree with the MASH decision, Head of Early Help (HoS 2) will escalate to the MASH Service Manager for a review. If concerns remain about the decision, the escalation must be directed to Head of Service (HoS 3) in Social Care who will review the case and confirm the final decision.

Final decisions for all safeguarding step-up escalations must be made within 24 hours.

## **Step Down**

For all cases to be considered for step down from statutory services (Social Care and Youth Justice), a referral form must be completed and sent to [ehpcasetransfer@enfield.gov.uk](mailto:ehpcasetransfer@enfield.gov.uk).

The Early Help Manager will review the case and will confirm if the case is deemed appropriate for step down to Early Help. Early Help will confirm a decision for the referred step-down case within 72 hours.

Where the Early Help Manager feels that the step down to Early Help services is not appropriate, the case will remain with statutory services. However, if the referrer for step down is unhappy with the decision, the case must be escalated to the Head of EH (HoS2). If there are still concerns about the decision making by Early Help, the case must be escalated to the HoS (3) within Early Help.

Once the case is accepted within Early Help, the Early Help Case Worker and the statutory Social Worker will agree a date for a formal handover. This will include a joint visit to the family. Handover should take place within 5 working days of the agreement to step down.

Case responsibility remains with the social worker until the handover meeting and until the family have given consent for Early Help support.

If the family do not give consent at that meeting, the case responsibility remains with statutory services.

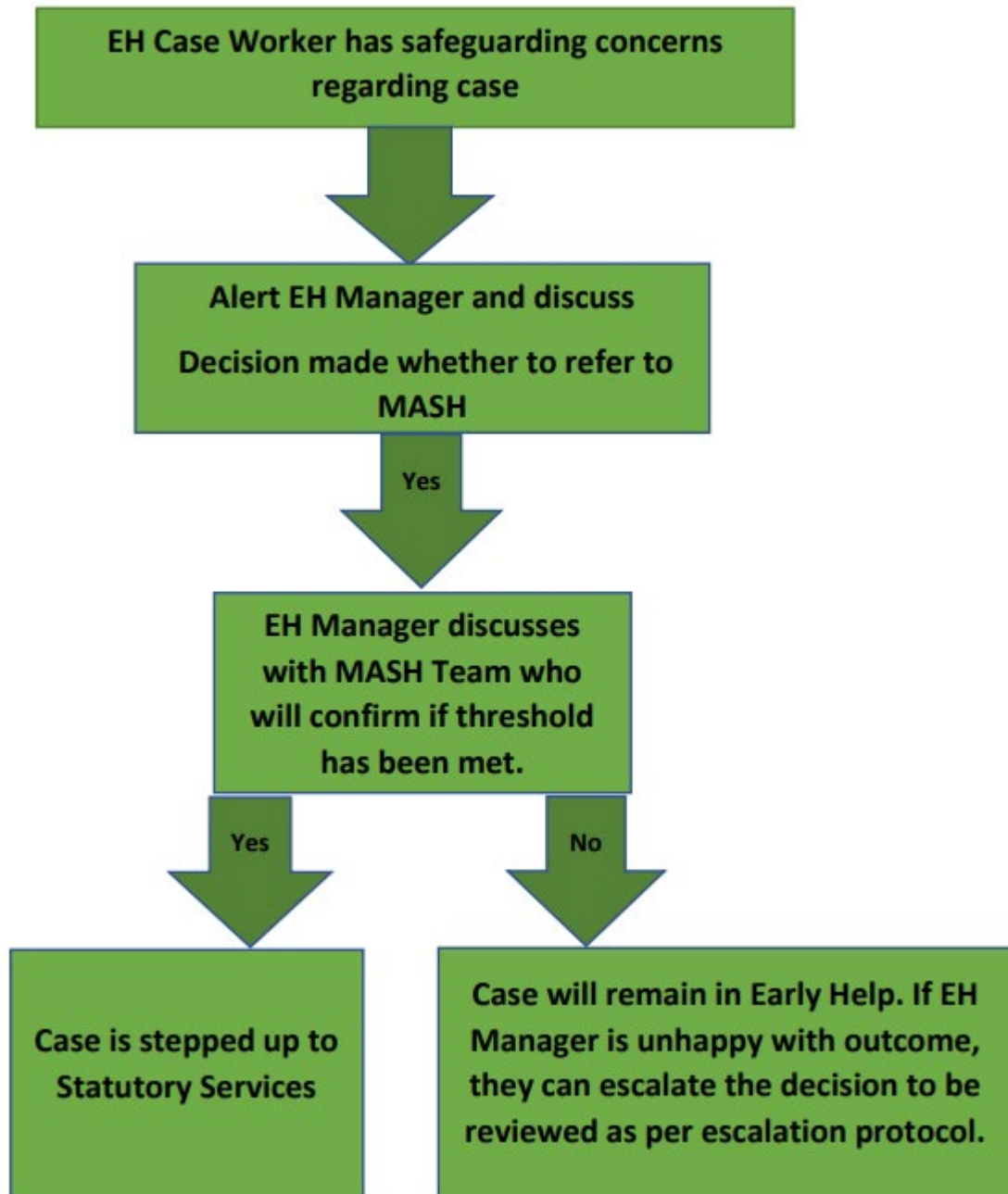
## **Escalation**

In summary, if an agreement cannot be reached the following will apply;

Step Up - the decision maker is the MASH Service Manager – the next level for escalation will be HoS (3) who will review the case and make the final decision

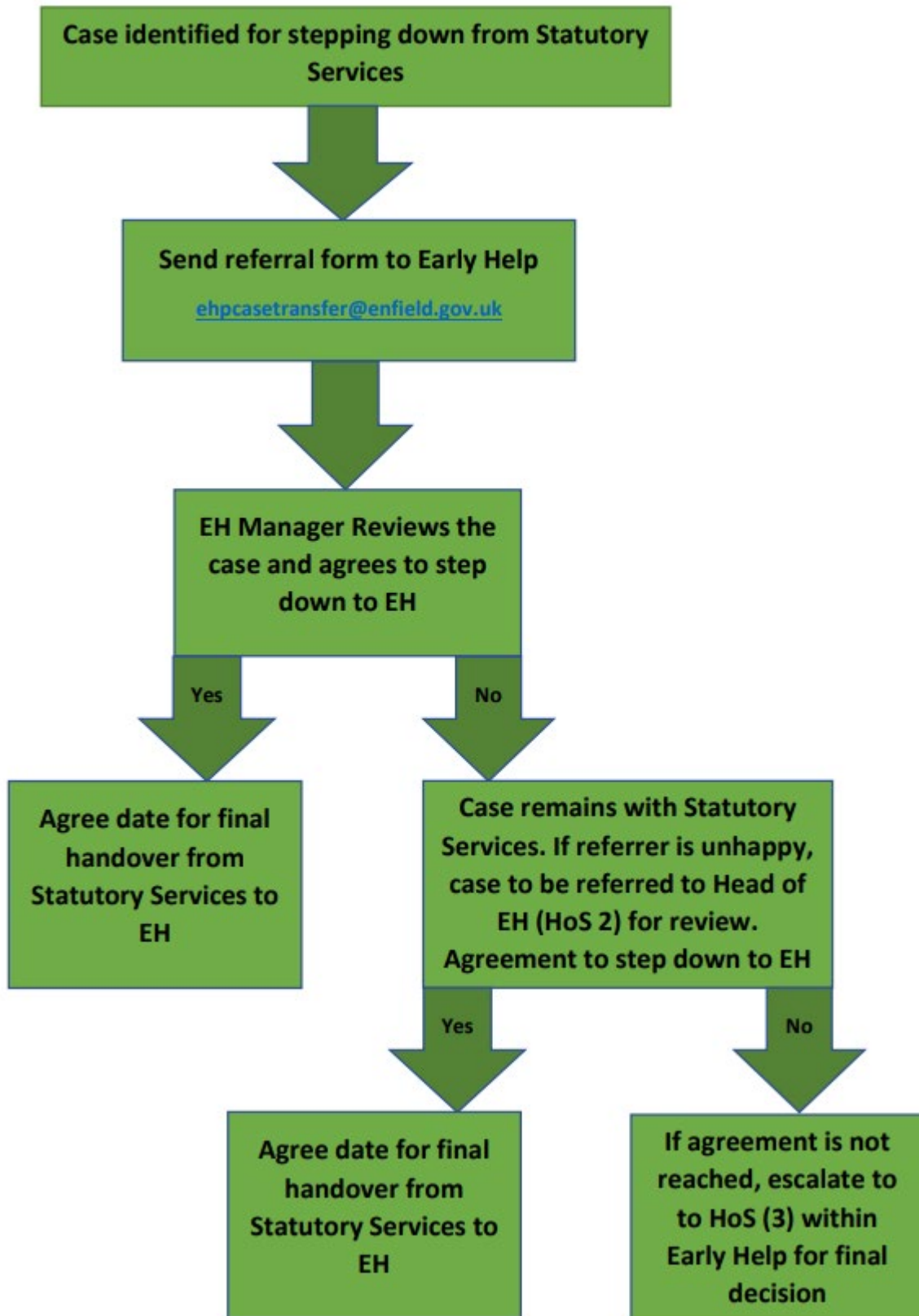
Step Down – the decision maker is the Head of Early Help Service. The next level for escalation will be HoS (3) who will review the case and make the final decision

## Step Up





# Step Down



## 6. Summary of practice standards timeframes

Area of practice	Practice Standards
<b>Contact &amp; Referral</b>	All contacts are reviewed, and decision made within 48 hours (unless unable to get a parental consent)
<b>Allocation of cases</b>	All cases will be allocated within 48 hours
<b>Home Visit</b>	All home visit to take place within 5 days of allocation
<b>Early Help Assessment and plan of support.</b>	Early Help Assessment needs to be completed within 30 working days from allocation of cases.
<b>Family Outcome Star</b>	Family Outcome Star should be completed within 30 working days from initial contact with family.
<b>TAC/TAF Meeting</b>	TAC/TAF meetings must be arranged within 20 working days of consent form being signed. Subsequent Team Around the Child/Family should be linked to review.
<b>Review</b>	Review held within 6 weeks of the initial TAF Meeting.
<b>Chronology &amp; Case Summaries</b>	<p>Chronology, Case Summaries and Genograms to be updated every 3 monthly basis, unless there is safeguarding concern then the Case summary and Chronology should updated next working day.</p> <p>A chronology is a sequential list of events (including positive changes and achievements) with dates, recording all significant changes in a child or young person's life. A chronology should cover events that will be of specific interest to a child or young person in later years. It is the responsibility of the child's allocated Early help case worker to write up and maintain the chronology.</p> <p>Chronologies start from the child's birth or before birth where there is a significant event such changes in family circumstances.</p> <p>The chronology is a useful way of gaining an overview. It should be used as an analytical tool to help understand the impact of events both immediate and cumulative of events and changes on the child or young person. It can help inform the assessment and decision making. A chronology should be updated regularly.</p>
<b>Case supervision</b>	All case work supervision takes place on monthly basis except where there are extenuating circumstances affecting the supervisor or supervisee. Supervision is the opportunity for both case worker and their manager to discuss the cases and have review the work undertaken. If either the supervisor is off for prolonged period/ absence of time, it is the Service

	Managers responsibility to make alternative arrangements for staff
<b>Management Oversight</b>	Where the EH case worker has had case discussion with the Team Managers or Deputy Team Managers. It is the responsibility of the managers to record this discussion on the child EHM LL case file immediately or within one day of discussion.
<b>Case closure</b>	<p>Once the case is ready for closure it is the responsibility of the early help case worker to ensure that all the documents are uploaded in a timely fashion.</p> <p>A letter of a closure to the family and notification to the professionals of case closure should be completed within case discussion within 3 days</p> <p>The Early Help Team Manager will end the case worker involvement on key agencies tab on EHM LL within 5 days of receiving the closure record.</p>
<b>Recording</b>	<p>All case recordings to be written up in EHM LL within 2 days of piece of work undertaken with family / professionals, using the case recording template.</p> <p>All visits must be recorded on the case recording template and written up within 2 days of contact.</p> <p>Supervision must be recorded within one day of meeting between Supervisee &amp; Supervisor</p> <p>Management oversight should be recorded immediately or within one day of discussion.</p>

## 7. Directories, resources and interventions

### 7.1 Early Help Directory

Early Help Directory has been created to provide a reference points and guidance to professionals of a wide range of services and support available to children and families. It is anticipated to go live by the end of September 2023.



## Early Help Directory

Welcome to 'Enfield's Early Help Directory 4 All' This directory brings together local and national services to...

159.65.63.169

### 7.2 Start for Life Services – published offer

As part of our focus on providing best start for life for families with children under the age of two, we have created a published Start for Life Services offer, which can be accessed through the following link.

<https://www.enfield.gov.uk/services/children-and-education/start-for-life>

### 7.3 'Save Me' film and resource handbook

Professionals working with children at risk of extra familial abuse can use our video and resource handbook to support children and their parents to raise their awareness to the risk of extra familial harm and how to stay safe.

[Save Me film and handbook | Safeguarding Enfield](#)



SAVE ME is a 33 min social impact short film following two teenagers; connected through trauma who embark on a cab journey in search of freedom.

Welcome to the Save Me film and accompanying resources. The film is dedicated to all young people suffering the hardships of exploitation. It was first created to highlight that extra-familial harm can happen in schools, peer friendship groups and in local communities.

We want this resource to be seen by young people, to be used by professionals who provide direct work to children, families and carers and community leaders to safeguard our children. We want parents to be aware and understand what it's like to walk in a young person's shoes.

#### 7.4 Summary of key interventions available, not this is not an exhaustive list

Interventions/Services provided by the Council	Descriptions	Pathways
<b>DWP worker</b>	<p>Supporting many vulnerable parents, who have often had complex needs, leading to improved outcomes for the whole family including supporting the parents into employment/ and training.</p> <p>Working with LA family case workers, Social Workers and the Welfare and Debt Support Team to help customers maximise their incomes and reduce debts to enable them to budget and manage their income in the longer term.</p> <p>Delivering sessions to LA practitioners to increase their understanding of Universal Credit and other benefits but also reinforcing the benefits of employment for parents on the Supporting Families Programme and their families, and the variety of support available to these parents to work towards this goal.</p> <p>The DWP workers will undertake home visits where required and attend TAF meetings.</p>	<p><b>Referrals</b> Case workers are asked to send the referral form to Melrose Whyte and Carmara Allen (DWP Employment Advisors)</p>
<b>Solace IDVA</b>	<p>The role of the IDVA is to work in partnership to identify and support survivors/ victims of domestic violence and abuse</p> <p>The role of the IDVA is to address the safety of victims and their children.</p> <p>To carry out CADDA Dash Risk Assessments on receipt of referral to identify those who are at risk of domestic</p>	<p><b>Referrals:</b> All referrals' forms must be fully completed and can be sent to <a href="mailto:grainne.fox@enfield.gov.uk">grainne.fox@enfield.gov.uk</a></p>

	<p>abuse/violence, who they are at risk from and what the level of risk is to the victim/survivor and their children.</p> <p>Liaise with Police regarding Criminal Justice System.</p> <p>Attend Multi Agency Risk Assessment Meeting and share information with Police and other professionals to discuss options for increasing safety for the victim/survivor and their children to ensure there is a co-ordinated action plan in place to keep them safe.</p>	
<p><b>Parenting programmes</b></p>	<p>Currently the EH Service are offering the following Parenting Programmes:</p> <p><b>ESCAPE</b> (age range 10 – 18yrs)</p> <p>As children grow up their families have to constantly change. Parents are faced with the challenge of trying to meet their children’s changing needs as they pass through the different development stages – infancy, toddler, middle years &amp; adolescence.</p> <p>This parenting programme is to help parents improve the way they communicate with your children/young people. The difficulties often arise when families move to one stage to another and many families experience difficulties when they enter adolescence.</p> <p><b>Inspiring Change Parenting Programme</b> (Bespoke – developed by the Early Help service 0-18yrs)</p>	<p><b>For further information about parenting programmes or referrals,</b> please liaise with Early Help Parenting Programme Coordinator. We are currently reviewing our parenting programmes across partnership to strengthen our offer and new parenting programmes offer will be published by December 2023.</p>

No one can parent on their own we need help, guidance, and support to become a good enough parent. This programme allows you to have conversations with other parents to learn from each other and gain skills to improve your parenting.

**Embracing Family Lives Parenting Programme**  
(Bespoke – developed by the Early Help service 0 - 18yrs)

Embracing Family Lives is a parent led parenting programme that gives parents and carers an opportunity to share experiences and gain confidence in their abilities to meet the ongoing challenges of parenting in an ever-changing community.

Advice, information, strategies, and resources will be shared over the 6 weeks with the view of you feeling more equipped, confident, and inspired to support your child/young person as they develop and grow.

**Speak Easy 0-16**

Speakeasy Parenting Programme this is a non-threatening group to give parents the opportunity to learn together and acquire the confidence and skills they need to talk to their children about sex and relationships and growing up.

**Reducing Parental conflict**

Conflict does not need to be violent or obvious to be harmful to children. We all disagree sometimes – it's

	<p>normal and to be expected, but it is how we disagree and how children perceive their parents' behaviour that may cause harm in the short and long term. This means that children may carry into adulthood (and future parenthood) the risk/damage from the experience of parental conflict. For children where there may be several 'adverse childhood experiences' at play, including discrimination, these risks increase significantly.</p> <p><b>Being a Parent Programme</b> - Children Centre 2-4yrs</p> <p>This is an 8-week face to face course which will cover the following:</p> <ul style="list-style-type: none"> <li>• Being a good enough parent</li> <li>• Play/Spending time with your child</li> <li>• Understanding your Child's Behaviour</li> <li>• Discipline strategies</li> <li>• Listening and Communication</li> <li>• Coping with Stress</li> </ul>	<p><b>To book a place or find out more information please call or email</b></p> <p>Katrina O'Gorman  Katrina.ogorman@enfield.gov.uk  07719324861</p> <p>Nadine Small  nadine.small@enfield.gov.uk  07719324754</p>
<p><b>Project Dove</b></p>	<p>Project Dove was developed in response to public health needs assessment of serious youth violence in Enfield. Serious youth violence is a public health problem</p> <p><b>Project Dove Aims</b></p> <ul style="list-style-type: none"> <li>• Improving the lives of young people, their families and their community in Enfield.</li> </ul>	<p><b>Referrals:</b>  If professionals from outside Enfield are referring, they need to use the Children's portal,  (Selecting no safeguarding concerns)  and clearly state it is for Project Dove.</p>



	<ul style="list-style-type: none"> <li>• Increased awareness of violence reduction (VR) with a focus on serious youth violence in Enfield.</li> <li>• Increasing the identification of those at risk of violence from healthcare professionals or other colleagues.</li> <li>• Implementing the pathway through effective engagement, personalised care planning with team working and information sharing.</li> </ul> <p><b>Offer:</b> Preventative work with young people from Year 5 (9 years old) to 18 who are involved or at risk of youth violence, exploitation, or criminal/ gang activity</p>	
<p><b>Turnaround project</b></p>	<p>Turnaround is a new funded programme by the Youth Justice Board. It provides £55m to Youth Offending Teams (YOTs) across England and Wales over three years, funding them to intervene earlier and improve outcomes for children on the cusp of entering the youth justice system.</p> <p>Enfield have two designated Turnaround caseworkers that will provide interventions for young people and their families.</p> <p>.</p>	<p><b>Referrals:</b> A referral form is in the process of being created for staff in Enfield that they can send to the project lead internally Initial Referral Pathway.</p> <p>Initially we will be working with the Youth Justice Service to identify eligible young people.</p> <p>If professionals from outside Enfield are referring, they need to use the children's portal, (Selecting no safeguarding concerns) and clearly state it is for project <b>dove</b></p>
<p><b>Engage project</b></p>	<p>Operation Engage, set up in 2017, is a Violence Reduction Unit (VRU) funded response to reducing serious youth violence and offending behaviours. Operation Engage is an initiative managed in</p>	<p><b>Referrals</b> – currently we do not accept referrals outside of this remit. When a young person</p>

	<p>partnership with the Metropolitan Police, Enfield and Haringey Councils. The project aims to work with all under 18's detained in police custody within Enfield and Haringey.</p> <p><b>Offer:</b> A minimum of 3 sessions:</p> <ul style="list-style-type: none"> <li>• One in custody; and</li> <li>• Two potential sessions in the community, with the purpose of encouraging the uptake of positive activities and whole family work via specialist local authority services. This will be promoted to help address issues at home which may have contributed to the actions which resulted in the young person getting arrested.</li> </ul> <p>.</p>	<p>is arrested, we receive the relevant information from the police and EDT</p>
<p><b>Children Centre/Family Hubs provision</b></p>	<p><b>Children Centre</b> Enfield Children's Centre provides opportunities for families with children under 5, to learn, develop and have fun. It's a place for families to attend free courses and sessions. The Children's Centre brings together a wide range of services and support for families with young children.</p> <p>We want children and families to thrive and be resilient. Our aim is that all children and young people in Enfield live in families where they are safe, confident, and happy and have the opportunity to achieve their full potential and strengthen their community.</p>	<p>Contact Children's Centre on 020 8106 9996 or email to the following: - <a href="mailto:enquiries@ccenfield.org">enquiries@ccenfield.org</a></p> <p>Alternatively, you may signpost Parents to drop into their nearest Children Centre:</p>




**Family hubs** are the model through which you should design your service offer for this programme. We have developed our approach by learning from innovations by local authorities across the country.


Our vision is for the needs of babies, children and families to be at the heart of the local family hub model and the Start for Life offer. We see this as being achieved through the use of population data, data on take-up of services, local needs assessments and feedback from parents and carers to continually improve services and ensure they are designed with families at the centre.

Our first Youth and Family Hubs at Ponders End will open in September 2023. You can liaise with Family Hub Navigator who can welcome and assist to families to access Family Hub services.

	<p>Families should receive wraparound support from a skilled workforce able to identify and sensitively respond to a range of needs, building awareness and understanding to reduce vulnerabilities and any impact of trauma. The workforce should proactively reach out to vulnerable and seldom-heard families, connecting them to specialist support where needed, and placing an emphasis on relationships and continuity of care.</p>	
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<p><b>Community Hubs/Food Pantry</b></p>	<p><b>Community Hub</b>          Helping our residents to gain or maintain a life free from poverty, homelessness, poor health and under/unemployment.          Community Hubs provide face-to-face support for residents with a range of needs and vulnerabilities, through casework and by placing them at the centre of our work.          Our Community Ambassadors provide joined-up solutions across our four service areas, helping with:</p>  <p><b>Enfield Food Pantry</b></p> <p>The pantry objective is to address food poverty and healthy eating issues at a very basic level and identify needs such as debt crisis, homelessness, social isolation and family related issues to prevent any escalation into more complex needs. An action and progress plan are then developed with the user and managed jointly then followed up to 6 months, until a level of improvement in their socioeconomic status is reached.</p> <p>Members pay £4.50 a week and will be able to purchase the equivalent of roughly £20 worth of food.</p>	<p><b>Referral Process</b></p> <p>The Food Pantry operates via referrals from the Welfare and Debt advice services.</p> <p>Clients can use the link below to self-refer to the welfare and debt advice team.</p> <p>Find out more by making a referral</p> <p>Email: <a href="mailto:ThePantry@enfield.gov.uk">ThePantry@enfield.gov.uk</a></p>

	<p>Our Pantry will not only provide support with food but also offer members support with access to welfare, debt management and employment/skills training, Healthy Eating etc. Catchment area includes N9 &amp; N18.</p> <p>The pantry is operating for 2 days Tuesday and Wednesday appointment based only Members have the opportunity to become a pantry volunteer via an application process using this link- <a href="https://new.enfield.gov.uk/services/libraries/volunteering-in-enfield-libraries/">https://new.enfield.gov.uk/services/libraries/volunteering-in-enfield-libraries/</a></p>	<p>Website: <a href="https://new.enfield.gov.uk/services/your-council/enfield-response-to-covid-19/financial-hardship/">https://new.enfield.gov.uk/services/your-council/enfield-response-to-covid-19/financial-hardship/</a></p>
<b>Household Support Fund</b>	<p>The County Councils and Unitary Authorities in England have made funds available to support those most in need and to help with global inflationary challenges and the significantly rising cost of living via the Household Support Fund</p> <p>The Fund should be used to support households in the most need; particularly those who may not be eligible for the other support government has recently made available but who are nevertheless in need and who require crisis support.</p>	
<b>Summer University</b>	<p>Provides young people with high quality personal and social development opportunities and constructive leisure activities as a diversion from boredom whilst preventing engagement in risky behaviour. Summer Uni activities are offered from a range of community venues, including youth centres, schools, libraries, leisure centres and outdoor space.</p>	<p><b>Registration</b> for courses will take place <b>ONLINE</b></p>

<b>Mentoring</b>	<p>Is a structured 6/12-week programme which provides a positive role model, personal development opportunities and positive life experiences? Through 1-2-1 engagement, advice and befriending the young person will work with their mentor on key areas identified by referrer and young person. The programme aims to engage with and support young people</p> <ul style="list-style-type: none"> <li>• To take responsibility and on work to improve key areas of their life</li> <li>• To improve their problem solving, decision making and life skills</li> <li>• To increase resilience and strengthen protective factors</li> </ul>	
<b>Youth Clubs and positive activities</b>	<p>Youth Development Service (YDS) provides open access Youth Offer through five youth centres. This provides a safe warm and welcoming environment where young people have access to informal learning opportunities, information, and guidance around a whole range of issues meaning that they are better informed about life choices and the opportunities that are available to them. This provides young people with structured activities in which they can gain a range of nationally recognised awards and qualifications. YDS works with its partners to ensure that children and young people benefit from range of positive activities which broaden' s their horizons and raises their aspirations.</p> <p>YDS's current partners are as follows: Oasis Hadley Community Hub, Tottenham Hotspurs Foundation, ECPYS, VIPS and Steppaz.</p>	<p>Children and young people can be sign posted to their nearest Youth Club:</p>  <p>Or alternatively to the Youth Service website:</p>
<b>Holiday and Food programme</b>	<p>Access to Holiday and Foor programme is available for all children and young people eligible for Free School Meals. Programmes are offered during summer, Easter and Christmas school holidays. A variety of activities are</p>	

	offered from youth clubs, schools and community venues.	
<b>Young People Substance Misuse Service</b>	<p>Insight Enfield - (Sort It!) Drug and Alcohol Misuse</p> <p>Drop-ins Brief interventions Structured treatment 1:2:1 interaction with young people Workshops Targeted group work to at risk groups of young people Peer support Outreach Onward referral to specialist teams Free training to professionals who work with young people</p>	<p><b>Referral Process</b></p> <p>Find out more by making a referral</p> <p>Email: Insightenfield@humankindcharity.org.uk Telephone: 020 8360 9102</p> <p>Website: <a href="https://insightyoungpeople.org.uk/our-services/insight-enfield/">https://insightyoungpeople.org.uk/our-services/insight-enfield/</a></p>
<b>Adult Substance Misuse Service</b>	<p>Enable Enfield – Drug and Alcohol Service</p> <p>We provide specialist treatment to anyone over the age of 18 living in Enfield who is worried about their alcohol or drug use.</p> <p>Enfield alcohol and drug service provides a range of clinical, therapeutic and recovery interventions across two sites. Most of our clinical interventions delivered from our Clavering Site, with Vincent House providing a wide range of therapeutic and recovery focused interventions.</p> <p>Enfield drug and Alcohol service will accept referrals from individuals, family members and friends experiencing problems with drugs or alcohol. We also</p>	<p><b>Referral Process</b></p> <p>Find out more by making a referral</p> <p>Email: beh-tr.enable@nhs.net Telephone: 020 8379 4909</p> <p>Website: <a href="https://www.beh-mht.nhs.uk/">https://www.beh-mht.nhs.uk/</a></p>



	accept referrals from other professionals. We are open to anyone living in Enfield and is aged over 18.	
<b>Health Visiting</b>	<p>Health visitors offer support at various stages from pregnancy onwards.</p> <p>Health visitors can help with:</p> <ul style="list-style-type: none"> <li>Parental health</li> <li>child's health</li> <li>family health</li> <li>postnatal depression</li> <li>other things such as feeding, sleeping, crying, minor ailments, and when to see a doctor.</li> </ul> <p>Health visitors also monitor babies' development, including weight and measurement.</p> <p>Every family with a child under 5 that lives in Enfield will be allocated a health visitor. Anyone can refer to the service including GP, midwives and schools. Parents can also refer themselves by contacting their Health Visiting Team by phone requesting a home visit or telephone contact. Professionals can also refer via the Child Portal.</p>	<b>Full details are available at:</b> <a href="https://www.ccenfield.org/who-we-work-with/health-visiting/">https://www.ccenfield.org/who-we-work-with/health-visiting/</a>
<b>IAPT services</b>		
<b>CAMHS services</b>		