



Transition from childhood to adulthood

# Information Booklet 2018/2019



Transition from childhood to adulthood

## Welcome to Moving On!

In Enfield, when young people move from childhood to adulthood, this is known as “Moving On”. Young people designed the Moving On logo that we use.

We recognise that it can be a worrying time when young people move from childhood to adulthood. The way they access support and services will change and it is important to be prepared for the change. They will also be thinking about getting a job, moving into their own place and enjoying activities as a young adult in their local community. This is known as Preparing for Adulthood.

In Enfield we have worked with parents to develop this booklet and our Moving On events to make sure that you have all the information you need, and plenty of opportunity to ask questions. Our aim is to ensure that you have all the information you need to help your young person make the right choices about their future. We want to support young adults to achieve their hopes and aspirations and to enjoy a fulfilling life.

The programme of Moving On Events are all aimed at helping you to support your young person to be more independent and details of the events are set out in this booklet or can be found on Enfield’s Local Offer ([www.enfield.gov.uk/SEND](http://www.enfield.gov.uk/SEND)) and Enfield “My Life” (<https://mylife.enfield.gov.uk/homepage>).



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In this booklet we use some words and terms that you may not have heard before, this is what they mean:

<b>SEND</b>	Special Educational Needs and/or Disability
<b>EHCP</b>	Education, Health and Care Plan
<b>Personal Budget in Adults</b>	When the Moving On Assessment has been completed, we draw up a Care & Support Plan and agree a sum of money that we think is sufficient to meet the assessed needs and achieve the outcomes. We use a Resource Allocation System (RAS), to guide us in this process. We call this money the Personal Budget.
<b>Direct Payments</b>	Once we have agreed the personal budget, we will usually arrange for this money to be paid to the individual, or their agent. We call this a Direct Payment. This is paid to you on an Enfield Council payment card.
<b>Appointee</b>	An appointee is a person appointed to manage your benefits received from the Department of Work and Pensions (DWP)
<b>DLA</b>	Disability Living Allowance
<b>PIP</b>	Personal Independent Payment
<b>Care Co-ordinator</b>	Adult Health & Social Care Services will allocate a worker from 16 plus to carry out the Moving On Assessment and devise the care and support plan. This may be a social worker, a community nurse, an Occupational Therapist or other health and social care professional. We call this person the Care Co-ordinator.
<b>Moving On Assessment</b>	This assessment considers the needs of young people under the Care Act 2014, decides if they eligible for Adult Health and Social Care, and if so, agrees the outcomes in the Care and Support Plan.
<b>Care &amp; Support Plan</b>	If a person is eligible for Adult Health and Social Care we will work with the individual to draw up their plan, agree the outcomes, identify where needs can be met through family support or informal networks, and confirm the personal budget to enable people to purchase additional services to meet identified needs. We call this the Care & Support Plan.
<b>Annual Health Check</b>	People with learning disabilities from the age of 14 upwards should have an annual health check with their GP. Your GP should contact you to arrange this, or you can ask for one.
<b>Health Action Plan</b>	This plan can be written by your GP, community nurse or other person involved in your care. The Plan sets out health needs and how these will be met.
<b>Hospital Passport</b>	A helpful document should someone need to go into hospital providing basic information to help hospital staff assess and support appropriately.



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Enfield's Local Offer for children and young people with special educational needs and/or disability can be found at

[www.enfield.gov.uk/SEND](http://www.enfield.gov.uk/SEND)

Young people have made some videos for the Local Offer to help other young people to find out about their options for going to college, getting a job and accessing the help and support they need to become more independent as they become young adults. The videos are:

- My EHCP:** a film about how young people have a voice and contribute to their Education, Health and Care Plan.
- I Learn:** a film that shows a "day in the life" of a young man who attends Barnet & Southgate College.
- I Play:** this film shows young people enjoying themselves at a Youth Club, but also young people who are supported with a Short Break Grant enjoying a night out.
- I Go:** this film shows how young people can be supported to travel independently through travel training.
- I Smile:** young people talk about their experience of dealing with a mental health issue and how the Child & Adolescent Mental Health Service has helped them to overcome their problems.
- I Work:** this film explores how young people are supported into work through work experience and college.
- I Achieve:** a film of young people talking about how the Educational Psychology Service has helped them overcome their difficulties and go on to do well at school.
- I Care:** a film made by a group of Young Carers who access holiday activities at DAZU talking about their caring responsibilities and what it's like to be young carer.
- Moving On 2015 :** tells the story of a number of people who have moved on in their life.

We recommend that you start to attend Moving On Events when your young person reaches Year 9. It is helpful to keep coming along to the events every year as there is a lot to take in and it can be helpful to attend more than once.

These events provide an opportunity to meet and talk to other parents and professionals who can give you advice and information to help you and your young person to make the right decision about their future. You can also talk to a parent whose young person has “Moved On” through transition to adult life, her name is Jane Richards. Jane can be contacted on 07816 070098.

The Moving On Programme starts in September. Your young person’s school may hold a specific Transition Coffee Morning or event so make sure you attend if you can.

This year the events are as follows, and further details of what each event will cover can be found in the booklet.

<b>Event</b>	<b>Page</b>
Money Matters	7
Health Services and Keeping Healthy	8
Getting a Home	9
Annual Moving On Event - Celebrating Success	10
Getting a Job	11
Mental Capacity	12
Drop-in Session	13

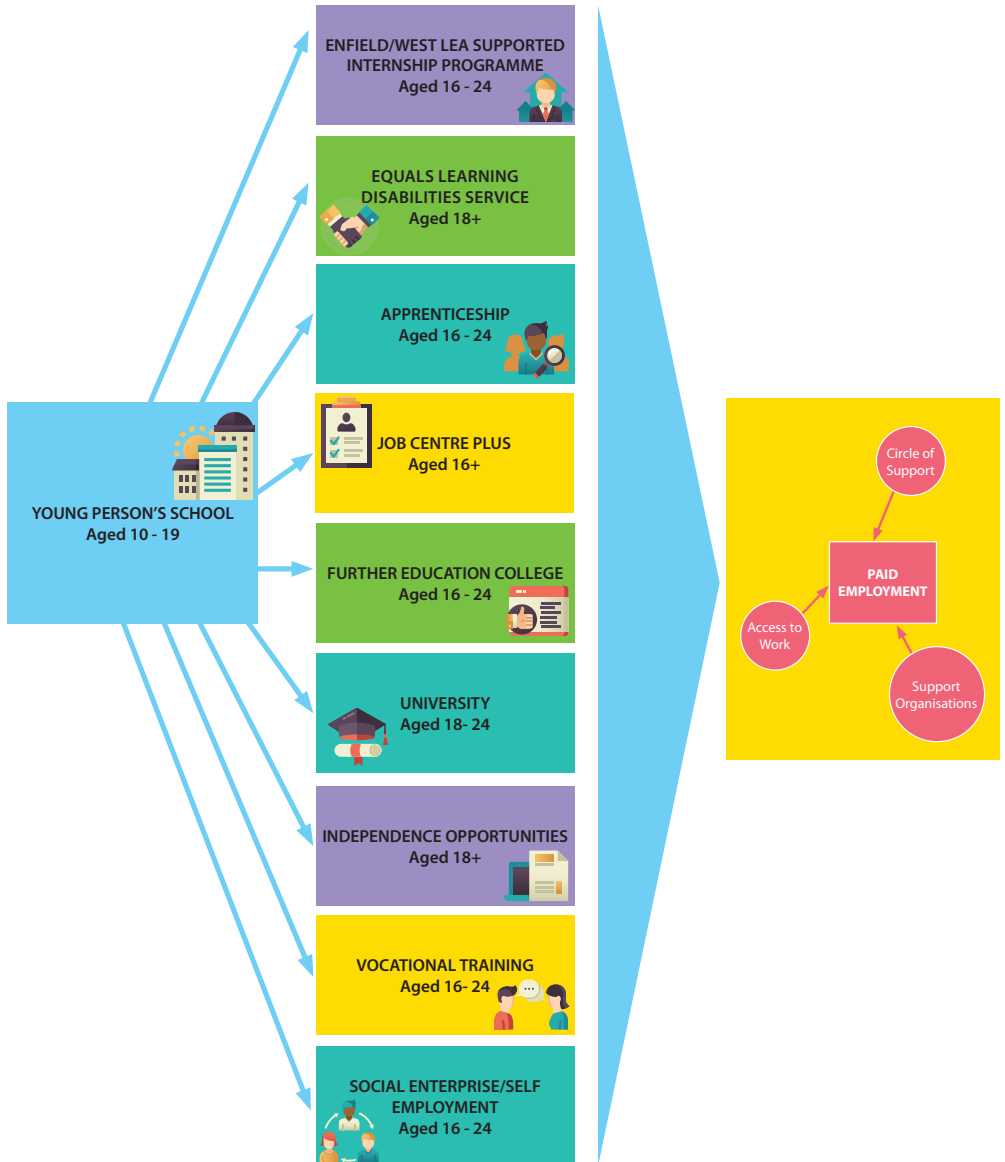
Moving On is there to help you and your young person as they “prepare for adulthood”. There are 4 preparing for adulthood outcomes and they should be included in your young person’s EHCP if they are continuing in education, and/or in the adult care and support plan:

- Employment
- Keeping Healthy
- Friends, Relationships and Community
- Independent Living

There is absolutely no reason why your young person should not be thinking about employment, and in Enfield we have been working with our partners to make sure that there is support and a range of options open to them. Our pathway to employment is shown on the following page.

# PATHWAY TO EMPLOYMENT

for young people with special educational needs  
and/or a disability



# Supporting Young People to be more independent

## Money Matters

15 November 2018

10:30 – 12:30

Community Room, Edmonton Green Library  
36 – 44 South Mall, London N9 0TT

- Find out how to be an appointee?

- The change at 16 years from DLA to PIP and what is the difference between DLA and PIP?

- When to claim the Employment Support Allowance and what are the ESA criteria?

- Find out the benefit changes for parents

- Council Tax discounts and exemptions

- Adult Social Care charging policy and disability related expenditure

# Supporting Young People to be more independent

## Health Services and Keeping Healthy

17 January 2019

10:30 – 12:00

Waverley School

105 The Ride, Enfield, EN3 7DL

- Find out how young people and their parents/carers can access the Health Drop-ins provided by Health and Adult Social Care
- Find out the importance of Annual Health Checks, Hospital Passports and Health Action Plans
- Find out how parents/carers can access training and awareness on relevant health topics
- Find out how to access Neurology Outpatient clinics and various Clinics in the community for Epilepsy, Mental Health issues and Diabetes
- Find out about the services of the various health providers and health professionals
- Find out what leisure opportunities are available to support young people to keep fit and healthy



# Supporting Young People to be more independent

## Getting a Home

13 February 2019

10:30 – 12:00

Durants School

4 Pitfield Way, Enfield, EN3 5BY

- What care and support is available to support young person to live more independently?
- What are the accommodation options for supported/independent living?
- How new technology can help people to live more independently in their own properties
- Find out about Vincent House, our transition flats, which give young people the opportunity to experience living independently and to learn new skills and grow in confidence.
- How do we make sure that young people's emotional well-being is considered and that they have social networks and friends.
- How we support young people to stay safe

# Supporting Young People to be more independent

**Annual Moving On Event**  
**14 March 2019**  
**10:30 – 13:00**  
**Dugdale Centre**  
**39 London Road, Enfield, EN2 6DS**



- Come along to the annual market place event and meet a range of providers from colleges, day services, supported living and training providers



- Hear from young people telling their stories about learning, work and living independently.



- Meet young people who use local services.



- Find out what opportunities exist for young people as they become adults.



- Hear from parents about what it's like when your young person starts to live independently.

# Supporting Young People to be more independent

## Getting a Job

Wednesday 8th May 2019

10:00 – 12:00

Dugdale Centre

39 London Road, Enfield, EN2 6DS

- Employment for all, raising our expectations.

- What help can we get from the careers service?

- The importance of work experience and volunteering.

- What vocational courses and study programmes are available from our local colleges?

- Find out about traineeships and apprenticeships.

- Who else can help with getting a valued worker role.

# Supporting Young People to be more independent

## Mental Capacity

Friday 7th June 2019  
10:30 – 12:00  
New Options  
25 Connop Road, Enfield, EN3 5FB

- Learn how the Mental Capacity Act 2005 applies to young people.

- Learn how, and who is able to make decisions for those young people lacking mental capacity.

- Learn about the principles of mental capacity assessments.

- What is meant by the term “best interest” meeting/decision?

- When are best interest decisions made?

- Can parents continue to still make decisions?



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## Moving On Drop-ins

If you are unable to attend any of our events, or if you still have questions, or need clarification on some things why not come to our "Drop-in" session. You will be able to meet a range of professionals on a one-to-one basis who will be able to help and advise you.

**Tuesday 25 June 2019**

**14:00 – 19:30**

**St Andrew's Court  
1 – 4 River Front  
Enfield  
EN1 3SY**

# Pathway for Moving On

## Age 14 – 18 years

### Aged 14+

Attend EHCP Reviews at your child's school from Year 9 onwards to ensure that your young person gets the support they need as they transition into adulthood



### Aged 16+

You will be contacted by one of the following to advise you of the name of your Care Co-ordinator and to start the Moving On Assessment and Care & Support Plan:

Adult Social Care: Integrated Learning Disability Service  
Adult Social Care: Care Management Service (Physical)  
Mental Health Services



### Aged 17½

If eligible for Health & Adult Social Care, they will work with you to agree the young person's personal budget and the outcomes for adult life in their Adult Care & Support Plan. They will also liaise with SEN Services to consider which of these outcomes are included in their EHCP for those young people remaining in Education.



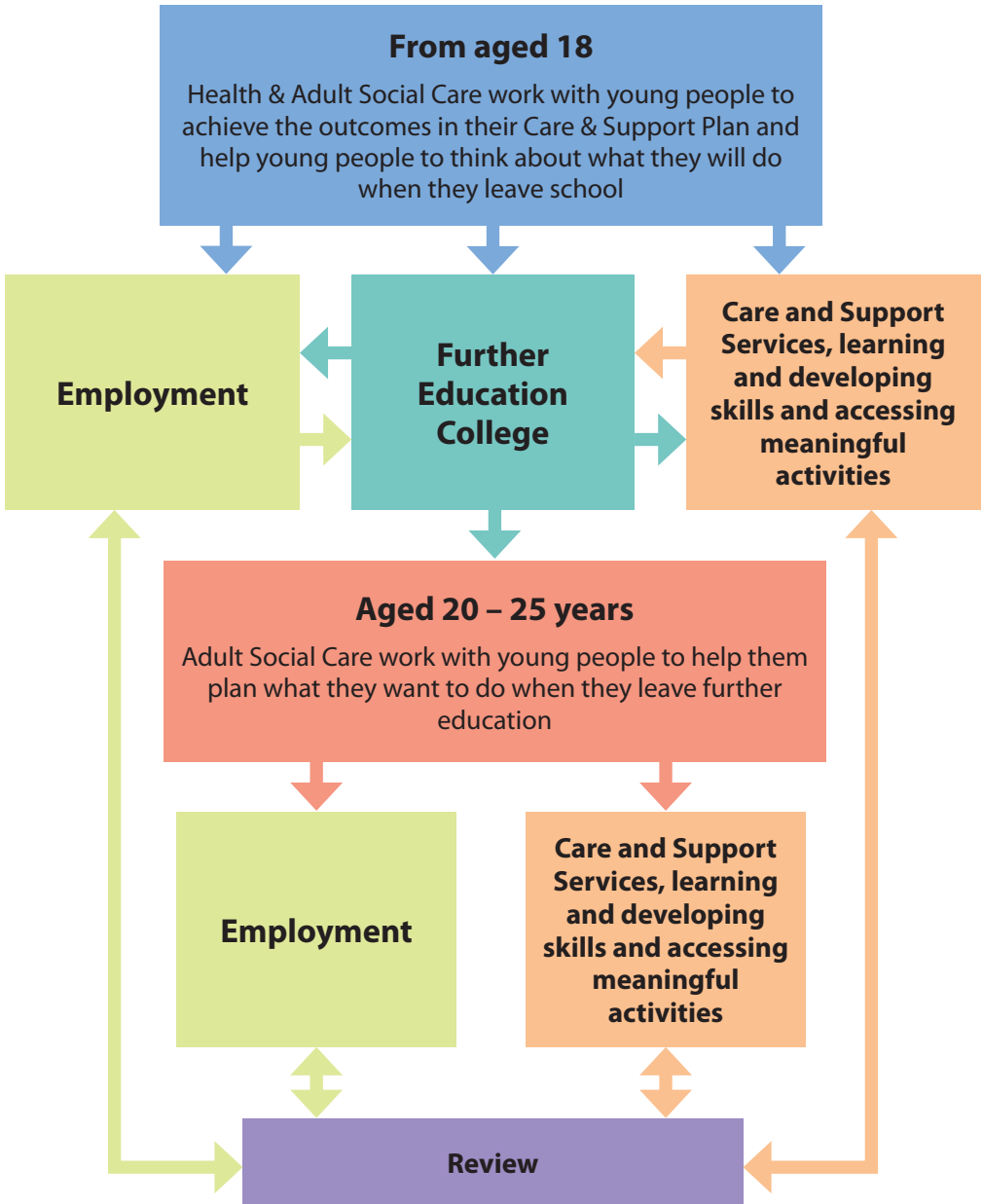
### Aged 18

Transfer to Health & Adult Social Care and a Personal Budget is put in place. This is done in partnership with Children's Services to ensure that there is some flexibility around the transition.



# Pathway for Moving On

## Age 18 – 25 years



# Check List for Moving On

1

- Make sure you attend Transition Reviews held at your young person's School from Year 9 onwards

2

- Check out the Local Offer [www.enfield.gov.uk/SEND](http://www.enfield.gov.uk/SEND) and My Life
- <https://mylife.enfield.gov.uk/homepage>

3

- Make sure your young person has their Annual Health Check with your GP

4

- Make sure your young person has a health action plan and hospital passport if required

5

- Attend Moving On Events

6

- Ensure you know the names and contact details of people involved in the Moving On arrangements for your young person.

7

- Talk to your Adult Social Care Co-ordinator to make sure the Moving On Assessment is completed

8

- Visit any colleges or providers that you think your young person may be interested in attending

9

- Check the EHCP is up-to-date and Adult Care & Support Plan has been agreed

10

- Contact Citizens Advice Enfield to check out Benefit Entitlement <http://citizensadviceenfield.org.uk/>



## For More Information or Support, you can:

- Speak to your young person's school
- Look at the Local Offer – [www.enfield.gov.uk/SEND](http://www.enfield.gov.uk/SEND)
- Look at Adult Social Care “My Life” – <https://mylife.enfield.gov.uk/homepage>
- Contact the Joint Service for Disabled Children.  
You can email: [cheviots@enfield.gov.uk](mailto:cheviots@enfield.gov.uk) or tel 020 8363 4047
- Contact the Integrated Learning Disability Service.  
You can email: [learning.disabilities@enfield.gov.uk](mailto:learning.disabilities@enfield.gov.uk) or tel 020 8379 5039
- Contact the Care Management Service.  
You can email [adultsocialcare@enfield.gov.uk](mailto:adultsocialcare@enfield.gov.uk) or tel 020 8379 8161
- Speak to Jane Richards, Parent/Carer – 07816 070098
- Contact Our Voice Parent Forum.  
You can email [info@ourvoiceenfield.org.uk](mailto:info@ourvoiceenfield.org.uk) or tel 07516 662315

**NOTES:**



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## *Our Charter to Parents/Carers*

*As Professionals working with families we will....*

- ✓ *Explain how the Moving On process works so you know what to expect.*
- ✓ *Give you information early so you have time to think about your options*
- ✓ *Explain what services and support you are eligible for*
- ✓ *Ask how you want us to give you information*
- ✓ *Give you information in plain English so it is easy to understand*
- ✓ *Provide you with opportunities to meet other parents through Carer-2-Carer, Our Voice, information events and coffee mornings*
- ✓ *Provide you with a key contact, known as a Care Co-ordinator*
- ✓ *Work with you to develop support plans to meet the young person's needs and help achieve their aspirations*
- ✓ *Celebrate your young person becoming an adult*

