

**Learning and Development
Opportunities.**

Multi-Agency Catalogue.

Provided by the Social Care Training Team.



October 2024

**To register for training
contact the Social Care
Training Team or click on
the link for Learning
Together**

socialcaretraining@northumberland.gov.uk



**All training is face-to-face
unless stated virtual**

**Managing Low Mood in
Children and Young People**

**West Hartford Fire Station,
Cramlington**

2nd October

9.30am - 12.00pm

This course focuses on the identification of low mood in children and considers helpful approaches to providing support.

[Link to Learning Together](#)

**Child to Parent Violence &
Abuse - CPVA Briefing
(Virtual)**

2nd October

10.00am - 12.00pm

This briefing will provide an overview of Child to Parent Violence and Abuse and consider our professional response to CPVA.

[Link to Learning Together](#)

**Domestic Abuse – Risk
Assessment & Risk
Management**

Age UK, Ashington

3rd October

9.30am - 1.00pm

This training course will support practitioners to understand the purpose and importance of risk identification and risk management when working with victims of Domestic Abuse.

The course will provide practitioners with skills to complete the risk identification checklist and provide guidance on safeguarding and referral pathways.

This course will also help practitioners to understand the MARAC process, as well as the role of the IDVA.

Practitioners are required to undertake DAPS Level 1 The Impact of Domestic Abuse training, prior to attending this course.

[Link to Learning Together](#)

Safeguarding Adults (Level 1) – Awareness & Alerting

Age UK, Ashington

7th October

1.30pm - 4.15pm

This session will focus on the fundamentals of Safeguarding Adults and re-affirm the importance of ensuring that good safeguarding practice is maintained.

[Link to Learning Together](#)

Solution Focused Approach (Virtual)

8th October

1.00pm - 4.30pm

This session explores the nature and purpose of solution-focused practice and identifies how this approach can be used with children and adults.

[Link to Learning Together](#)

Mental Capacity Act (MCA): The Fundamentals

**Blyth Community Enterprise
Centre**

14th October

1.30pm - 4.00pm

This session aims to provide participants with an awareness of the Mental Capacity Act (MCA) 2005 and explore its implications for practice.

[Link to Learning Together](#)

Self-Harm

**West Hartford Fire Station,
Cramlington**

16th October

9.30am - 12.30pm

This course is provided by a multi-agency training team to widen the knowledge base about self-harm for staff working directly with children and young people.

[Link to Learning Together](#)

Domestic Abuse and Older People

The Manors, Prudhoe

16th October

1.00pm - 4.00pm

There is significant evidence to show that older people are as likely to experience domestic abuse as a younger person but

are less likely to report it or seek support. This training course aims to increase awareness and understanding, as well as considering the barriers and complexity of domestic abuse experienced by older people.

[Link to Learning Together](#)

Understanding Adolescents

Virtual

17th October

1.00pm - 4.00pm

A virtual training session exploring teenage development and the vulnerability of adolescence.

[Link to Learning Together](#)

Mind Your Language

Virtual

17th October

2.30pm - 4.30pm

This short interactive session highlights the impact that the language we use has on safeguarding culture and our ability to effectively safeguard adults and children.

[Link to Learning Together](#)

Understanding Trauma (C.A.R.E.)

**County Hall, Morpeth, Old
Committee Room 1**

17th October

9.30am - 12.30pm

This workshop will enable practitioners in Northumberland to explore how adverse experiences can impact on the lives of children and adults. The session will enable practitioners to consider how they can

positively respond and support those who may have experienced trauma.

[Link to Learning Together](#)

Working with the Impact of Early Adversity

**West Hartford Fire Station,
Cramlington**

21st & 22nd October

9.30am - 4.30pm

This is a **2-day classroom-based course** looking at strategies and tools for working with children who have experienced early adversity. It is based on the Dyadic Developmental Psychotherapy (DDP) model of trauma-informed practice.

[Link to Learning Together](#)

Impact of Parental Mental Health on Parenting

**West Hartford Fire Station,
Cramlington**

22nd October

9.30am - 4.30pm

This session identifies the potential impact of specific adult mental health difficulties on how children are parented.

[Link to Learning Together](#)

Learning Disability: Providing Effective Support

**Choppington Social Welfare
Centre**

22nd October

9.30am - 3.30pm

Approximately 2% of the UK population has a learning disability. However, the impact of

a learning disability on a person's life can vary considerably from one person to another. This training session considers some of the areas which are included in the Core Capabilities Framework for Supporting People with a Learning Disability (Skills for Care and Health Education England, 2019).

[Link to Learning Together](#)

Anxiety Management in Children and Young People

**West Hartford Fire Station,
Cramlington**

23rd October

9.30am - 12.30pm

This course considers the cause of anxiety, indicators that children may be anxious, and strategies for supporting children experiencing anxiety.

[Link to Learning Together](#)

CEOP Education Ambassador Training – Understanding Online Sexual Abuse

Virtual

23rd October

1.00pm - 4.00pm

Online sexual abuse is largely a hidden crime and it's likely that the scale and prevalence of it is much higher than estimates suggest. This training will support you to understand what online sexual abuse is, be able to have regular conversations with children/ young people & know what to do to help keep children and young people safe online.

[Link to Learning Together](#)

Impact of Domestic Abuse – Level 1

**Blyth Community Enterprise
Centre**

23rd October

9.30am - 1.30pm

This course aims to enable participants to identify the risks to, and the impact on, children, young people, and adults where there is domestic abuse, to provide protection for them and to identify effective support agencies.

[Link to Learning Together](#)

Safeguarding Adults (Level 2) Multi-Agency Referral & Decision Making

**Blyth Community Enterprise
Centre**

24th October

1.30pm - 4.00pm

This session will support health and social care professionals to understand the safeguarding adults process in Northumberland. It will be of relevance to designated safeguarding leads, service managers and senior staff within the private, voluntary, and independent sector.

[Link to Learning Together](#)

Bereavement and Loss

**West Hartford Fire Station,
Cramlington**

24th October

9.30am - 12.30pm

November 2024

To register for training contact the Social Care Training Team or click on the link for Learning Together

socialcaretraining@northumberland.gov.uk

A half-day course which will provide delegates with the opportunity to consider the impact of bereavement and loss on children and young people and identify appropriate support strategies.

[Link to Learning Together](#)

Alcohol Change Blue Light

**New Conference Room 2,
County Hall, Morpeth**

31st October

9.30am - 4.30pm

This course is a vital contribution to the continued professional development of those who:

work in alcohol services and work in non-alcohol specialist settings but who encounter people with alcohol problems in the course of their work whether in health or social care provision. Support practitioners in working with the client group. Have a safeguarding responsibility to treatment resistant clients.

[Link to Learning Together](#)

**All training is face-to-face
unless stated virtual**

Safeguarding Adults (Level 1) – Awareness & Alerting

Adapt, Hexham

4th November

1.30pm - 4.15pm

This session will focus on the fundamentals of Safeguarding Adults and re-affirm the importance of ensuring that good



safeguarding practice is maintained.

[Link to Learning Together](#)

Introduction to Resilience in Children and Young People

**West Hartford Fire Station,
Cramlington**

6th November

9.30am - 12.00pm

A 2.5 hour course which considers how to actively build resilience in children and young people.

[Link to Learning Together](#)

Early Help Assessment Training (Virtual)

6th November

9.30am - 12.00pm

A 2.5 -hour **virtual session** which will outline the Early Help Assessment process and the role of the lead professional.

[Link to Learning Together](#)

Introduction to ADHD in Children and Young People

**West Hartford Fire Station,
Cramlington**

12th November

1.00pm - 4.00pm

This 3 hour course will explore factors and behaviours which can cause difficulties with concentration. There will be opportunities to discuss and explore ADHD, including our understanding of this condition, medical research and NICE guidelines. Strategies which support the inclusion of young people will be shared.

[Link to Learning Together](#)

**Introduction to Autism in
Children and Young People**

**West Hartford Fire Station,
Cramlington**

12th November

9.00am - 12.30pm

This course provides an introduction to Autistic Spectrum Disorders. Theoretical and practical aspects of ASD will be explored, to include useful tips and strategies.

[Link to Learning Together](#)

**Domestic Abuse Level 2 –
Ask & Action**

**Blyth Community Enterprise
Centre**

13th November

9.30am - 4.30pm

This regional course has been developed by the Police and Crime Commissioners Office to extend learning beyond the Impact of Domestic Abuse learning event. It focuses on how to engage in conversations about domestic abuse, use the Safe Lives Risk Indicator Checklist and refer into MARAC process.

[Link to Learning Together](#)

**Safeguarding Adults for
Managers & Supervisors**

**West Hartford Fire Station,
Cramlington**

14th November

9.15am - 4.45pm

This is a one-day workshop for Service Managers/Supervisors who have responsibility for the implementation of safeguarding adults processes within their organisation. This workshop will provide information and guidance in line with the knowledge and skills required to ensure safeguarding adults practices are carried out in line with local and national guidance. The safeguarding adults process and the roles and responsibilities of individuals within that process will be explored in greater detail.

[Link to Learning Together](#)

Exploitation

**West Hartford Fire Station,
Cramlington**

14th November

9.30am - 3.00pm

This session aims to enable practitioners to recognise and respond to exploitation. This includes criminal exploitation, sexual exploitation; including online abuse, financial exploitation and modern slavery.

[Link to Learning Together](#)

Active Bystander Training

20th November

1.00pm - 4.00pm - Virtual

27th November

1.00pm - 4.00pm - Face-to-face at West Hartford Fire Station, Cramlington

You must attend both sessions

In the UK, 71% of women have experienced sexual harassment in

a public space. It doesn't have to be this way. When we see or hear sexual harassment and do nothing, we empower the harasser. If you noticed something that wasn't okay, would you know what to do?

Get the skills, knowledge and practical techniques to become an Active Bystander in your community.

This training has been funded by Kim McGuiness, the Northumbria Police & Crime Commissioner, as part of her ongoing commitment to women's safety.

The 1st session will be delivered virtually, and the 2nd will be face-to-face. Learners must attend both sessions.

[Link to Learning Together](#)

Mind Your Language

Virtual

22nd November

2.30pm - 4.30pm

This short interactive session highlights the impact that the language we use has on safeguarding culture and our ability to effectively safeguard adults and children.

[Link to Learning Together](#)

Mental Capacity Act (MCA): The Fundamentals

Adapt, Hexham

28th November

1.30pm - 4.00pm

This session aims to provide participants with an awareness of the Mental Capacity Act (MCA)

December 2024

To register for training contact the Social Care Training Team or click on the link for Learning Together

socialcaretraining@northumberland.gov.uk



2005 and explore its implications for practice.

[Link to Learning Together](#)

All training is face-to-face unless stated virtual

Safeguarding Adults (Level 1) – Awareness & Alerting

Age UK, Ashington

3rd December

1.30pm - 4.15pm

This session will focus on the fundamentals of Safeguarding Adults and re-affirm the importance of ensuring that good safeguarding practice is maintained.

[Link to Learning Together](#)

Domestic Abuse Risk Assessment and Risk Management

West Hartford Fire Station, Cramlington

4th December

1.00pm - 4.30pm

This training course will support practitioners to understand the purpose and importance of risk identification and risk management when working with victims of Domestic Abuse.

The course will provide practitioners with skills to complete the risk identification checklist and provide guidance on safeguarding and referral pathways.

This course will also help practitioners to understand the MARAC process, as well as the role of the IDVA.

Practitioners are required to undertake DAPS Level 1 The Impact of Domestic Abuse training, prior to attending this course.

[Link to Learning Together](#)

Domestic Abuse and Older People

Blyth Community Enterprise Centre

5th December

10.00am - 1.00pm

There is significant evidence to show that older people are as likely to experience domestic abuse as a younger person but are less likely to report it or seek support. This training course aims to increase awareness and understanding, as well as considering the barriers and complexity of domestic abuse experienced by older people. Information and guidance on safeguarding pathways and specialist support services will also be provided throughout the training.

[Link to Learning Together](#)

Impact of Domestic Abuse – Level 1

West Hartford Fire Station, Cramlington

11th December

9.30am - 1.30pm

This course aims to enable participants to identify the risks to, and the impact on, children, young people, and adults where there is domestic abuse, to provide protection for them and

to identify effective support agencies.

[Link to Learning Together](#)

A Beginner's Guide to Mental Health Problems

Blyth Community Enterprise Centre

12th December

1.30pm - 4.30pm

The aim of this session is to provide an introduction to the subject of mental health and mental health problems. It will include an understanding of causes, treatment and risks, with a focus on de-mystifying mental health problems. It will also include a question-and-answer session with experienced mental health professionals.

[Link to Learning Together](#)

Safeguarding Adults (Level 2) Multi-Agency Referral & Decision Making

Blyth Community Enterprise Centre

16th December

1.30pm - 4.00pm

This session will support health and social care professionals to understand the safeguarding adults process in Northumberland. It will be of relevance to designated safeguarding leads, service managers and senior staff within the private, voluntary, and independent sector.

[Link to Learning Together](#)

January 2025

To register for training contact the Social Care Training Team or click on the link for Learning Together

socialcaretraining@northumberland.gov.uk



Mental Capacity Act (MCA): The Fundamentals

**Blyth Community Enterprise
Centre**

19th December

1.30pm - 4.00pm

This session aims to provide participants with an awareness of the Mental Capacity Act (MCA) 2005 and explore its implications for practice.

[Link to Learning Together](#)

**All training is face-to-face
unless stated virtual**

Mind Your Language

Virtual

9th January

9.30am - 11.30am

This short interactive session highlights the impact that the language we use has on safeguarding culture and our ability to effectively safeguard adults and children.

[Link to Learning Together](#)

Safeguarding Adults (Level 1) – Awareness & Alerting

**Blyth Community Enterprise
Centre**

9th January

1.30pm - 4.15pm

This session will focus on the fundamentals of Safeguarding Adults and re-affirm the importance of ensuring that good safeguarding practice is maintained.

[Link to Learning Together](#)

Safeguarding Adults (Level 2) Multi-Agency Referral & Decision Making

Blyth Community Enterprise Centre

14th January

1.30pm - 4.00pm

This session will support health and social care professionals to understand the safeguarding adults process in

Northumberland. It will be of relevance to designated safeguarding leads, service managers and senior staff within the private, voluntary, and independent sector.

[Link to Learning Together](#)

Understanding Trauma (C.A.R.E.)

West Hartford Fire Station, Cramlington

15th January

9.30am - 12.30pm

This workshop will enable practitioners in Northumberland to explore how adverse experiences can impact on the lives of children and adults. The session will enable practitioners to consider how they can positively respond and support those who may have experienced trauma.

[Link to Learning Together](#)

Mental Capacity Act (MCA): The Fundamentals

Blyth Community Enterprise Centre

20th January

1.30pm - 4.00pm

This session aims to provide participants with an awareness of the Mental Capacity Act (MCA) 2005 and explore its implications for practice.

[Link to Learning Together](#)

The Mental Health Act for Social Care Staff

Blyth Community Enterprise Centre

23rd January

1.30pm - 4.30pm

This session aims to provide an overview of the parts of the Mental Health Act which will likely affect Social Care staff. This will include an explanation of s.117, the process and effects of being "sectioned" and what role social care staff might play in any of this.

[Link to Learning Together](#)

Alcohol Change Blue Light

West Hartford Fire Station, Cramlington

24th January

9.30am - 4.30pm

This course is a vital contribution to the continued professional development of those who:
work in alcohol services and work in non-alcohol specialist settings but who encounter people with alcohol problems in the course of their work whether in health or

February 2025

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socialcaretraining@northumberland.gov.uk



social care provision. Support practitioners in working with the client group. Have a safeguarding responsibility to treatment.

[Link to Learning Together](#)

All training is face-to-face unless stated virtual

Early Help Assessment Training (Virtual)

4th February

9.30am - 12.00pm

A 2.5 -hour **virtual session** which will outline the Early Help Assessment process and the role of the lead professional.

[Link to Learning Together](#)

Active Bystander Training

5th February

1.00pm - 4.00pm - **Virtual**

12th February

1.00pm - 4.00pm - **Face-to-face at West Hartford Fire Station, Cramlington**

You must attend both sessions

In the UK, 71% of women have experienced sexual harassment in a public space. It doesn't have to be this way. When we see or hear sexual harassment and do nothing, we empower the harasser. If you noticed something that wasn't okay, would you know what to do?

Get the skills, knowledge and practical techniques to become an Active Bystander in your community.

This training has been funded by Kim McGuiness, the Northumbria Police & Crime Commissioner, as

part of her ongoing commitment to women's safety.

This course involves 2 x 3 hour sessions. The 1st session will be delivered virtually, and the 2nd will be face-to-face. Learners are required to attend both of these sessions.

[Link to Learning Together](#)

Self-Harm

**West Hartford Fire Station,
Cramlington**

5th February

9.30am - 12.30pm

A 3-hour course considering attitudes and values relating to self-harm, risk assessment and best practice in supporting young people who self-harm.

[Link to Learning Together](#)

Managing Low Mood in Children and Young People

**West Hartford Fire Station,
Cramlington**

5th February

9.30am - 12.00pm

This 2.5 hour course focuses on the identification of low mood in children and considers helpful approaches to providing support.

[Link to Learning Together](#)

Safeguarding Adults for Managers & Supervisors

**West Hartford Fire Station,
Cramlington**

5th February

9.15am - 4.45pm

This is a one-day workshop for Service Managers/Supervisors

who have responsibility for the implementation of safeguarding adults processes within their organisation. This workshop will provide information and guidance in line with the knowledge and skills required to ensure safeguarding adults practices are carried out in line with local and national guidance. The safeguarding adults process and the roles and responsibilities of individuals within that process will be explored in greater detail.

[Link to Learning Together](#)

Exploitation

**Old Committee Room 1,
County Hall, Morpeth**

12th February

9.30am - 3.00pm

This session aims to enable practitioners to recognise and respond to exploitation. This includes criminal exploitation, sexual exploitation; including online abuse, financial exploitation and modern slavery.

[Link to Learning Together](#)

Safeguarding Harm Outside of the Home

**New Conference Room 2,
County Hall, Morpeth**

14th February

9.30am - 3.00pm

An approach to understanding and responding to, young people's experiences of significant harm beyond their families. It recognises that the different relationships that young people form in their neighbourhoods,

schools and online can feature violence and abuse. Contextual Safeguarding expands the objectives of child protection systems in recognition that young people are susceptible to abuse in a range of social contexts. Practitioners will recognise that assessment of, and intervention with, these spaces are a critical part of safeguarding practices.

[Link to Learning Together](#)

Safeguarding Adults (Level 1) – Awareness & Alerting

Blyth Community Enterprise Centre

17th February

1.30pm - 4.15pm

This session will focus on the fundamentals of Safeguarding Adults and re-affirm the importance of ensuring that good safeguarding practice is maintained.

[Link to Learning Together](#)

Self-Harm

West Hartford Fire Station, Cramlington

19th February

9.30am - 12.30pm

This course is provided by a multi-agency training team to widen the knowledge base about self-harm for staff working directly with children and young people.

[Link to Learning Together](#)

Bereavement and Loss

West Hartford Fire Station, Cramlington

20th February

March 2025

To register for training, contact the Social Care Training Team or click on the link for Learning Together

socialcaretraining@northumberland.gov.uk



9.30am - 12.30pm

A half-day course which will provide delegates with the opportunity to consider the impact of bereavement and loss on children and young people and identify appropriate support strategies.

[Link to Learning Together](#)

All training is face-to-face unless stated virtual

Safeguarding Adults (Level 2) Multi-Agency Referral & Decision Making

Blyth Community Enterprise Centre

4th March

1.30pm - 4.00pm

This session will support health and social care professionals to understand the safeguarding adults process in Northumberland. It will be of relevance to designated safeguarding leads, service managers and senior staff within the private, voluntary, and independent sector.

[Link to Learning Together](#)

Anxiety Management in Children and Young People

West Hartford Fire Station, Cramlington

5th March

9.30am - 12.30pm

This course considers the cause of anxiety, indicators that children may be anxious, and strategies for supporting children experiencing anxiety.

[Link to Learning Together](#)

Understanding Trans & Non-Binary Young People's Experiences of Exploitation (Virtual)

5th March

9.30am - 11.30am

Gender identity is fundamental to many people's lives, but sadly trans people in our society today still face systemic discrimination and disadvantage, demonstrated by the high rates of homelessness which trans young people experience. Discrimination against the trans community creates opportunities for those causing harm to exploit transgender people, as they can prey on isolation, low self-esteem and offer access to gender affirmation (Children's Society, 2024). The session will explore the risks which trans people are facing and share views and experiences of professionals to support us to examine how building more inclusive services will better protect them from harm.

[Link to Learning Together](#)

Mental Capacity Act (MCA): The Fundamentals

Choppington Social Welfare Centre

10th March

1.30pm - 4.00pm

This session aims to provide participants with an awareness of the Mental Capacity Act (MCA) 2005 and explore its implications for practice.

[Link to Learning Together](#)

Understanding Trauma

Blyth Community Enterprise Centre

10th March

1.00pm - 4.00pm

This workshop will enable practitioners in Northumberland to explore how adverse experiences can impact on the lives of children and adults. The session will enable practitioners to consider how they can positively respond and support those who may have experienced trauma.

[Link to Learning Together](#)

Safeguarding Adults (Level 1) – Awareness & Alerting

Adapt Offices, Hexham

13th March

1.30pm - 4.15pm

This session will focus on the fundamentals of Safeguarding Adults and re-affirm the importance of ensuring that good safeguarding practice is maintained.

[Link to Learning Together](#)

Mind Your Language

Virtual

18th March

2.30pm - 4.30pm

This short interactive session highlights the impact that the language we use has on safeguarding culture and our ability to effectively safeguard adults and children.

Access Anytime Learning:

[Domestic Abuse in Conversation \(podcast\)](#)

[Domestic Abuse Bitesize Learning](#)



Please note:

The training in this catalogue is offered free of charge on behalf of Northumberland Children's and Adults Safeguarding Partnership (NCASP). A Did Not Attend (DNA) fee will be charged at £50 per person +VAT should you fail to attend a booked session without prior cancellation. If you wish to receive a copy of our Charging Policy please email us:

socialcaretraining@northumberland.gov.uk

The Social Care Training Team can also offer in-house training at your venue/service address. For further information please e-mail us.

[Link to Learning Together](#)

Introduction to Resilience in Children and Young People

**West Hartford Fire Station,
Cramlington**

19th March

9.30am - 12.00pm

A 2.5 hour course which considers how to actively build resilience in children and young people.

[Link to Learning Together](#)

Complex PTSD and Personality Disorder

**Blyth Community Enterprise
Centre**

20th March

1.30pm - 4.30pm

The aim of this session is to provide an introduction to the subject of complex PTSD and personality disorder including an understanding of causes, treatment and risks with a focus on how we as social care professionals can provide and support good care and outcomes.

[Link to Learning Together](#)

Alcohol Change Blue Light

**West Hartford Fire Station,
Cramlington**

25th March

9.30am - 4.30pm

This course is a vital contribution to the continued professional development of those who:

work in alcohol services and work in non-alcohol specialist settings

To contact the Social Care Training Team:

General enquiries:

socialcaretraining@northumberland.gov.uk

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but who encounter people with alcohol problems in the course of their work whether in health or social care provision. Support practitioners in working with the client group. Have a safeguarding responsibility to treatment.

[Link to Learning Together](#)

**Learning Disability:
Providing Effective Support**

**Blyth Community Enterprise
Centre**

27th March

9.30am - 3.30pm

Approximately 2% of the UK population has a learning disability. However, the impact of a learning disability on a person’s life can vary considerably from one person to another. This training session considers some of the areas which are included in the Core Capabilities Framework for Supporting People with a Learning Disability (Skills for Care and Health Education England, 2019).

[Link to Learning Together](#)
