
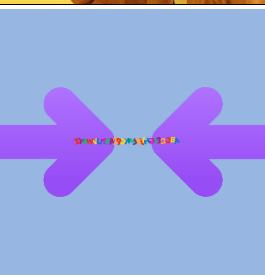
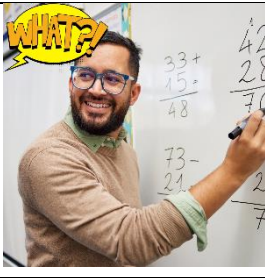
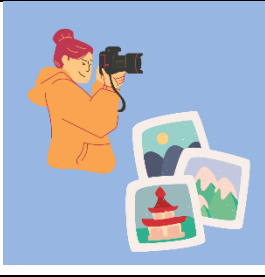







Young person's guide to making documents more accessible

1	Engage your reader!	
2	Keep the information short and focussed. Use short sentences.	
3	Explain terms that some young people may not be familiar with. For example: mental health.	
4	Some people learn better with visual information. Use pictures and videos that explain the message you want to give.	
5	Don't use random pictures that don't give a clue about what the text is about.	

6	Don't write text over pictures.	
7	Tell us what you want us to do. For example, phone this number in a clear speech bubble.	
8	Some young people might want to speak about things that are going on at home. Tell us who we can speak to in private and what you will share with our parents and carers.	
9	Print leaflets on strong paper so that it doesn't flop.	

This information is from young people at Me2 Club's Mental Health Champions.

Contact ramona@me2club.org.uk tel 0118 969 6369

For more information about accessibility online, please visit

