



## ASSESSMENT PLAN

The outcome of the assessment will help Bradford Children and Families Trust to recommend whether the child(ren) can return home, remain at home or need to be cared for by someone else including a family member, foster carers or adopters.

**Names of child(ren) young person(s):**

Rosie

**Date Assessment Plan shared:** 19<sup>th</sup> February 2024

**Cultural Requirements:**

You have told us that you do not have any specific cultural requirements and you have said that you do not need an interpreter and do not have any additional needs which need to be taken into consideration during this assessment period.

**Everyone agrees:**

To let each other know if an appointment has to be cancelled or changed, giving reason and as much notice as possible. If you cancel 3 or more sessions without a reasonable explanation, these sessions may not be rearranged.

Please let us know if you would like a support person to attend the assessment sessions with you, however we would like to speak to you on your own at least once during the assessment to make sure we understand your views.

Bradford Children and Families Trust will:

- Provide public transport costs for family time
- Follow the Department of Health (2007) good practice guidance on working with parents with a learning disability, to make sure you understand the assessment
- Refer you for an advocate if you require one

**Reasons why pre proceedings or care proceedings have been started.**

Bradford Children and Families Trust have been involved with Rosie since she was born in 2019 because of worries about her mum Jenny's relationship with Mike. Mike is known to have physically hurt Jenny and she has been seen with bruises to her face and arms and Jenny has reported that Mike often shouts, screams, calls her names and makes threats towards her. This has happened either in front of Rosie, or when Rosie has been in the house and it will be frightening for her and will make her feel very unsafe.

There are also worries about how Jenny manages her emotions as she has been observed to shout and scream and become very upset which is upsetting and frightening to Rosie.

Jenny has told us that she lived in a house where there was domestic abuse when she was growing up, so the Social Worker is worried that she might not fully understand our worries or the harmful effect it has on Rosie.

Rosie has been subject to a Child Protection Plan since November 2022 and was removed from Jenny's care on 9<sup>th</sup> February 2024 by the police following an incident between Mike and Jenny, whereby Jenny was punched in the face while holding Rosie. A neighbour had called the police and on arrival, Jenny was seen with an injury and Mike was later arrested. The police used their powers and moved Rosie to a place of safety.

Bradford Children and Families trust issued Care Proceedings in respect of Rosie due to worries that the situation was not improving for her and feeling that she needed to be safeguarded in the care of the Trust whilst further assessments are undertaken to inform her long term permanency plan.

**What we need parents to achieve during the assessment and what support will be available**

<b>What we need parents to achieve during the assessment?</b>	<b>Support Available</b>	<b>Target Date</b>	<b>How will we know we have achieved this?</b>	<b>Worker providing support</b>
<p>Rosie needs her mum to understand that when she uses drugs it affects how she responds to and cares for her and this might mean that Rosie's needs are not been met. Rosie might be frightened, confused and worried about how her mum's behaviour changes towards her.</p> <p>Rosie needs Jenny to reduce her cannabis use and work towards achieving abstinence.</p>	<p>Bridge Project</p>	<p>Jenny to have self-referred to the Bridge project by DATE and to attend appointments as required.</p> <p>Bradford Children and Families Trust will make the referral for hair strand testing to be undertaken. Once an initial appointment is made, Jenny will be informed of when the appointment is and is encouraged to attend.</p>	<p>In assessment sessions, Jenny will demonstrate an understanding as to how her drug use impacts upon her ability to care for Rosie safely and how Rosie might feel</p> <p>Test results will evidence a reduction in cannabis use and evidence when abstinence is achieved.</p>	<p>Drugs agency</p> <p>Bradford Children and Families Trust</p>
<p>Rosie needs her mum to be in a safe personal relationship so that they are both not exposed to shouting and violence as this is scary for Rosie.</p>	<p>Freedom programme</p>	<p>Bradford Children and Families Trust to refer to Freedom by DATE.</p> <p>Jenny will be informed of when the sessions begin and it is hoped that</p>	<p>Jenny will understand what domestic abuse is and will take steps to ensure she and Rosie are kept safe in regards to her future relationships e.g.</p>	<p>Bradford Children and Families Trust</p> <p>Freedom programme lead</p> <p>Police</p>

<p>Rosie needs Jenny to be able to identify the early indicators of domestic abuse and develop skills to ensure that they are both kept safe in the future. Rosie needs Jenny to understand how harmful domestic abuse is to her as it makes her feel frightened and it could result in Rosie being physically harmed.</p>		<p>Jenny attends each session taking place as part of the course.</p>	<p>accessing Claire's Law, ensuring Rosie is not introduced to new partners straight away.</p> <p>There will be no further incidents of domestic abuse, however if an incident does take place, Jenny will take protective action and contact the police and inform the allocated social worker.</p>	
<p>Rosie needs her mum to understand the impact of her previous life experiences on her own emotional wellbeing and how she manages her feelings and emotions and makes choices.</p> <p>Rosie needs her mum to understand how this affects her parenting of Rosie and how Jenny's own past affects the choice of partners and relationships she makes. Rosie needs her mum to be sure any new people in her life are safe before</p>	<p>My Wellbeing College Bradford Children and Families Trust will explore your emotional wellbeing during the assessment period.</p> <p>A psychological assessment to be undertaken in respect of Jenny.</p> <p>Any further support needs identified as part of this assessment will be considered by Bradford Children and</p>	<p>Jenny to access the My Wellbeing College by DATE.</p> <p>Following the initial session, Jenny is encouraged to follow advice and guidance provided.</p> <p>Bradford Children and Families Trust will complete the referral for the psychological assessment by DATE and inform Jenny of when the appointment will take place and it is</p>	<p>During assessment sessions, Jenny will be able to talk about how her emotions will impact on her parenting.</p> <p>Jenny will feel able to manage her feelings and emotions without shouting or getting very upset.</p> <p>During assessment sessions, Jenny will evidence that she is learning new coping skills when she is feeling challenged or under pressure.</p>	<p>Bradford Children and Families Trust</p> <p>Appropriate health/mental health service if deemed necessary.</p> <p>Psychological Assessment</p>

she introduces them to Rosie to.  Rosie needs Jenny to develop new strategies and coping skills to help her manage her feelings/emotions.	Families Trust to help Jenny achieve this goal.	hoped that she will attend.	Jenny will accept support to act on advice and recommendations from the psychological assessment.	
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### Assessment Sessions with Social Worker

Date	Times	Venue	Who is to attend	What the session will cover
	9.30am-10.30am		Jenny and Mike Social Worker	Exploring the worries What is your understanding of the current concerns? Who is in your family and support network e.g family tree
	3pm-4pm		Jenny Social Worker	Your childhood and family background
	12.00pm-1.00pm		Mike Social Worker	Your childhood and family background
	1.30pm-2.30pm		Jenny Social Worker	Relationship history and experience of domestic abuse
	9.30am-10.30am		Mike Social Worker	Relationship history and experience of domestic abuse

	9.30am-10.30am		Jenny and Mike Social Worker	Understanding and meeting children's needs Basic Care Ensuring Safety Guidance and Boundaries Stability Emotional needs
	1.30pm-2.30pm		Jenny and Mike Social Worker	Understanding the impact of the worries on parenting i.e. cannabis use, domestic abuse and parental mental health
	9.30am-10.30am		Jenny Social Worker	Discuss the outcome of any expert assessments
	2.00pm-3.00pm		Jenny and Mike Social Worker	Any outstanding information or missed sessions to be covered

**What other information will be taken into account in the assessment?**

- I will observe you in family time with Rosie on at least one occasion and will review all of the family time session recordings
- I will continue to complete planned and unplanned home visits to your home and will continue to see Rosie where she is staying
- I will continue to speak to other professionals and people you are working with for updates
- You have been asked to participate in a psychological assessment and the outcome and recommendations will be considered
- I would like to speak to your wider family members and friends about the support they can offer you and you will be invited to participate in a Family Group Conference
- You have been asked to participate in Drug testing and the results will be considered

**Date of Review of Assessment Plan**

An initial Child in Care Review meeting will take place on DATE and there will be regular Care Planning meetings held. During these meetings, the progress of the assessment will be reviewed and any amendments required will be made.

**Date outcome of parenting assessment will be shared:**

This will be agreed in court, however aim would be to complete the assessment within 10 weeks and for the outcome to be shared within two weeks.

Parent: .....

Signed: ..... Date: .....

Parent: .....

Signed: ..... Date: .....

Social Worker: .....

Office address: .....

Telephone Number: .....

Signed: ..... Date: .....

Team Manager.....

Signed:.....Date:.....