



BIRMINGHAM
CHILDREN'S TRUST

Useful Organisations / Resources

ChildLine <https://www.childline.org.uk/>

Mental Health First Aid Training – Schools Training Programme
<https://mhfaengland.org/mhfa-centre/programmes/national-schools-programme/>

Papyrus <https://papyrus-uk.org/>
Charity/campaigning organisation to promote awareness and research to prevent suicide by young people

Papyrus-Hopeline UK <https://papyrus-uk.org/hopelineuk/>
Helpline and website for young people – and others who are worried about them

Royal College of Psychiatrists <https://www.rcpsych.ac.uk/usefulresources.aspx>

Samaritans <https://www.samaritans.org/>

Young Minds <https://youngminds.org.uk/resources/>